

Important IPC requirements for all attendees as of 31/08/21

There are 3 things you will need to do before attending

1) Lateral Flow Test

Must be done each morning of event (and each subsequent morning if more than one day event) and uploaded to the lateral flow NHS site <https://www.gov.uk/report-covid19-result> (specific website for uploading lateral flow tests). You must order your own supply of lateral flow tests in advance.

You will receive a text confirming the recording of the result and this must be shown at registration.

If for any reason you are unable to provide a lateral flow result, you will not be able to attend the day and must arrange to undertake training at a later date/alternative method.

LTHT staff should already be participating in regular Lateral Flow tests as per LTHT IPC.

2) Vaccination

Please let us know in advance (by email) if you are double vaccinated for risk assessment this will help us keep the learning environment safe. This is voluntary - if vaccine status is not shared, you can still attend, but as above, must do lateral flow that morning and show evidence for result.

3) Health declaration

Please do not attend the event if you have any symptoms of COVID, or have been in contact with a confirmed case of COVID. <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/main-symptoms/>

The main symptoms of coronavirus (COVID-19) are:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

We will be asking you to confirm at registration the health declaration above.

We are hoping that all attendees agree to the above steps to help keep the event COVID secure, but also help us with risk assessments which enables us to continue to deliver vital training for NHS staff.

