

Yorkshire Complex Abdominal Wall Reconstruction Cadaver Course

Monday 15th and Tuesday 16th September 2025

**York Teaching Hospital, Wigginton Road O31 8HE &
Worsley Building, University of Leeds, LS2 9NL**

**Course Director – Mr Praminthra Chitsabesan
Co -Course Director Dr Asim Abbas**

Course co-ordinator - Ms Jo Johnson

This course involves a full day of theory and practical experience and knowledge of this complex are being shared via didactic teaching and group discussions and imaging.

The faculty is highly experienced and varied with both general surgeons and plastic surgeons involved to provided expert surgical mentorship.

The second day, takes place in the cadaveric labs in Leeds. We will have 6 Thiel cadavers available and a mixture of delegates. Trainees will consist of general surgical trainees of different levels.

Day 1- York- Lectures 15th September

York Teaching Hospital, Wigginton Road O31 8HE

Teaching Room 4, in HYMS (main corridor, junction 1a, first floor),

8:50 Introduction - P Chitsabesan

09:10 Abdominal wall hernia classification and what it means - A Abbas

09:40 Surgical abdominal wall anatomy and Function - S Chintapatla

10:10 Why we must GIRFT – P Chitsabesan

10:25 The York Approach - S Chintapatla

10:55 **Coffee break**

11:30 Radiological assessment – D Petty

11:50 Quality of Life – A Abbas

12:05 Preventing Complications- Pre-optimisation and prehabilitation – Z Murphy & A Bolton

12:20 **Lunch**

13:00 Modified Rives-Stoppa - K Elsayeh

13:30 Anterior Component separation – A Sayers

14:00 TAR- I Adam

14:30 Plastic techniques –T MacLeod & P Lim

14:50 **Coffee break**

15:20 Closure of the abdomen “small bites” – K Elsayeh

15: 40 Preventing complications- peri-operative technique – G Kulkami

16: 00 Complications and managing them - A Sayers

16:25 Meshes – I Adam

16:45 Data collection/ registry – P Chitsabesan

17:00 Feedback and questions -Everyone

18:30 B Braun are holding a separate event in the evening that we can attend

Day 2- Leeds Cadaveric dissection 16th September

Worsley Building, University of Leeds, LS2 9NL

Meet at 8:15 for 8:30 start Coffee and registration Room 9.53, Level 9

- Practical sessions
- Modified Rives-Stoppa

Coffee break

- Anterior component separation

1 x SILACS then 1 x open each

(Measure distance of midline sheath to ASIS and Kocher's angle, then skin)

- preserve perforators and nerves)

Lunch

- TAR – Posterior component separation
- Closure
- Summary

Assessment of course

We will obtain verbal feedback on a regular basis and use the standardised assessment forms for formative feedback on the course and its delivery over both days and also of the cadavers themselves.

We may expect that the cadavers will not score as highly as early in the programme as this will be the last course performed on them.