



Health Education England



**CADSIM Ultrasound Guided Peripheral Nerve Block course**

**8<sup>th</sup> November 2023**

**Anatomy Department, Level 9,  
Worsley Building, University of Leeds LS2 9JT  
Room 9.59, Level 9**

**08:10-08:15 – Introduction MA/VD**

**08:15-08:45 – Lecture Ultrasound and Plan A blocks – MC/PU**

**08:45-09:00 – Plan of the day VD/MA**

**09:00-10:30 - Live Demo 6 stations**

**10:30-11:45 - Tea and Coffee break**

**10:45- 11:00 AM – move to cadaver lab and got through house rules for cadaver**

**11:00 – 11:30 – Interscalene block on cadaver**

**11:30 – 12:00 – Axillary block on cadavers**

**12:00 – 12:30 – Femoral block on cadavers**

**12:30 – 13:00 – Adductor canal block on cadavers**

**13:00-14:00 - Lunch break**

**14:00-14:30 - ESP block on cadavers**

**14:30-15:00 – Popliteal block on cadavers**

**15:00-15:30 – Rectus sheath block on cadavers**

**15:30-16:00 – Tea and Coffee break**

**16:00-16:30 – Top tips for successful block and quiz time MA/VD**

**1630- Feedback and close**