



Health Education England



CADSIM Ultrasound Guided Peripheral Nerve Block course

13th November 2023

**Anatomy Department, Level 9,
Worsley Building, University of Leeds LS2 9JT
Room 8.34A & 8.28A, Level 8**

08:10-08:15 – Introduction MA/VD

08:15-08:45 – Lecture Ultrasound and Plan A blocks – MC/PU

08:45-09:00 – Plan of the day VD/MA

09:00-10:30 - Live Demo 6 stations

10:30-11:45 - Tea and Coffee break

10:45- 11:00 AM – move to cadaver lab and got through house rules for cadaver

11:00 – 11:30 – Interscalene block on cadaver

11:30 – 12:00 – Axillary block on cadavers

12:00 – 12:30 – Femoral block on cadavers

12:30 – 13:00 – Adductor canal block on cadavers

13:00-14:00 - Lunch break

14:00-14:30 - ESP block on cadavers

14:30-15:00 – Popliteal block on cadavers

15:00-15:30 – Rectus sheath block on cadavers

15:30-16:00 – Tea and Coffee break

16:00-16:30 – Top tips for successful block and quiz time MA/VD

1630- Feedback and close