

Fit Test Training Dental, Joining Instructions for Delegates

Key Documents

Please **ensure you access** the [Health Education England site](https://www.yorksandhumberdeanery.nhs.uk/dentistry/covid-19-dental-education-resources) (below) and **download and read** the most up to date versions of these important documents about fit testing prior to attending the course:
<https://www.yorksandhumberdeanery.nhs.uk/dentistry/covid-19-dental-education-resources>

1. Finding a fit tester or sourcing training to become one
2. Information for trained fit testers on organising qualitative fit testing sessions for respirators
3. Important information for participants attending qualitative fit testing sessions

Please read the important information below, **prior to booking onto the course**

The course is Fit2Fit approved and delivered by a Fit2Fit accredited fit tester. This course only covers disposable FFP3/FFP2/N95 and reusable half mask respirators.

This course will provide education and training, in line with Fit2Fit guidance on fit testing. The face to face aspect is 1 day and covers the theory and practical aspect of fit testing. This course will not provide a formalised fit test for applicants. In order to practice fit testing (where possible), please could all candidates ensure they are clean shaven, [as per the advice here about fit testing](#). We understand that this is not possible in all cases and it is not a requirement for attendance.

Please ensure that you **bring a surgical mask** to wear due to the events being held in medical education/ hospital facilities.

By attending this course, all delegates **consent to applying for a short term redeployment** for fit testing within the Yorkshire and Humber region. As part of this, the **fit test training course is provided free of charge, and a free fit test kit** also provided.

An **honorary contract** will be provided by NHS England HR team prior to attendance at the course, providing relevant employer's liability cover for fit testing. There is no payment associated with this honorary contract or redeployment, and hence it is required that any volunteer must already be in employment/have self-employed payslips within a primary care dental practice, or on an NHS performers list.

In order to apply, any delegate must ensure they **meet the minimum requirements in the person specification** and complete the attached DBS self-declaration and Occupational health self-assessment (all attached). They should have in-date certification and scanned documents as per below. These documents can be kept until requested by the NHS England HR team.

Central HR team have agreed to support the programme, and in addition to issuing the Honorary Contracts for fit testers will undertake the following checks:

- Identity e.g. scanned copy of passport
- Current employment (payslip)
- If they are a self-employed NHS dentist, regions would be able to verify that they appear under the contract on COMPASS/performers list number
- DBS self-declaration (attached)
- Occupational Health self-declaration (attached)

Certificates to prove:

- Training in Basic Life Support in line with Resuscitation Council (UK) guidelines
- Training in Managing Medical Emergencies

- Training in Infection Prevention Control

If you book onto a training course at least 2 weeks prior to the course date, your details will automatically be sent to NHSE. NHSE will then contact you for your documentation for organising the honorary contract.

If you book onto a course within 2 weeks of the course date, you will need to inform NHSE by emailing england.yhdentalreturns@nhs.net, and HEE by emailing dentaladmin.vh@hee.nhs.uk, to help them organise the honorary contract as a priority.

1. Course timings: 09.30am – 16.00pm, with a break for lunch.
2. No food or drink will be provided at the course. Please bring whatever refreshments you need for the day including water. Please bring your own pen and notepad
3. This course is '[Fit2Fit Approved](#)', which means that the content has been judged to include all aspects of the health and safety executive's face fitting guidance and protocols, and will be delivered by a fit2fit accredited face fitter. This course does not award delegates the Fit2Fit accreditation upon completion; no training course can do that. The only way to gain accreditation is to sit and pass the BSIF Fit2Fit exam.
4. It will be your responsibility to check that your insurance policy covers your activities as a fit tester (as above).
5. **There are a number of situations in which you should not attend the training session. These are as follows:**
 - a. Where delegates display cold / flu-like symptoms such as a cough, high temperature, shortness of breath, a blocked or runny nose, sneezing, headaches, muscle aches etc. they **must not attend training**.
 - b. Anyone who is: COVID-19 positive; symptomatic; or isolating due to being within a household/support bubble with someone who is symptomatic/has tested positive, or due to being identified as a contact by NHS Test and Trace **should NOT attend the training session**.
 - c. Anyone in quarantine following return from another country (as per government guidance) **should NOT attend the training session**.
 - d. If you are awaiting a COVID-19 test result, you should also **not attend the training session**.
6. Delegates must not wear overalls or other outer work-wear into the training environment.
7. Delegates must follow strict social distancing measures at all times and only use equipment as instructed by the trainer.
8. Delegates must pay attention to the local rules and are not permitted to smoke in any of the training centres.
9. It is expected that delegates will give their full attention to the training course and not cause any disruption or nuisance to other candidates. We reserve the right to exclude delegates from the course who do not meet these expectations.
10. This Training Course incorporates an extended practical Fit Testing session; any delegate who has concerns over their personal fitness for this test must inform the trainer prior to the practical session. In line with HSE INDG479, Guidance Note HSG53 and the Fit2Fit Companion series, anyone who wears tight-fitting RPE at work must be clean-shaven in the region of the face seal in order to achieve a good face-to-facepiece fit.

11. Delegates must be medically fit to wear RPE and perform the fit test and test exercises. Delegates must inform the trainer of any physical condition which may affect the test including all known allergies.
12. The fit test training will include a practical session using sensitivity and fit test solutions containing Sodium Saccharin or Denatonium Benzoate (Bitrex). You must inform the trainer if you have any known allergy to either of these substances.
13. Please note that failure to comply with any of the above notes may result in cancellation of the training course incurring a full charge.
14. To see full details on how we protect and manage your data to comply with requirements under GDPR, please see our Privacy Policy on our website www.face-fit.co.uk
15. Please note the NHS England regional commissioning team will be collecting details of those trained to carry out fit testing. This information will be used by the regional commissioning team to assess the coverage we have in the region and where any potential gaps are. This data will not be shared without prior consent.

