

# Fit Test Training Dental, Joining Instructions for Delegates

---

## Key Documents

Please ensure you download and read these important documents prior to attending the course:

1. [Finding a fit tester or sourcing training to become one V5 110620](#)
2. [Information for trained fit testers on organising qualitative fit testing sessions for respirators V8 110620](#)
3. [Important information for participants attending qualitative fit testing sessions V8 110620](#)

These documents may be updated, if no longer available, the [most up to date versions can be accessed here:](#)

1. Please check with your indemnifier and employer's liability insurer prior to attending (regarding cover).
  - a. We are currently in the process of looking into the arrangement of honorary contracts from NHSE for fit testing, further details will be released when they are available.
2. We would kindly request that you support your local NHS practices where possible with fit testing.
3. Course timings: 09.30am – 16.00pm, with a break for lunch.
4. No food or drink will be provided at the course. Please bring whatever refreshments you need for the day including water. Please bring your own pen and notepad
5. This course is '[Fit2Fit Approved](#)', which means that the content has been judged to include all aspects of the health and safety executive's face fitting guidance and protocols, and will be delivered by a fit2fit accredited face fitter. This course does not award delegates the Fit2Fit accreditation upon completion; no training course can do that. The only way to gain accreditation is to sit and pass the BSIF Fit2Fit exam.
6. It will be your responsibility to check that your insurance policy covers your activities as a fit tester (as above).
7. Delegates who display cold / flu-like symptoms such as a cough, high temperature, shortness of breath, a blocked or runny nose, sneezing, headaches, muscle aches etc. must not attend training.
8. Delegates must not wear overalls or other outer work-wear into the training environment.
9. Delegates must follow strict social distancing measures at all times and only use equipment as instructed by the trainer.
10. Delegates must pay attention to the local rules and are not permitted to smoke in any of the training centres.
11. It is expected that delegates will give their full attention to the training course and not cause any disruption or nuisance to other candidates. We reserve the right to exclude delegates from the course who do not meet these expectations.
12. This Training Course incorporates an extended practical Fit Testing session; any delegate who has concerns over their personal fitness for this test must inform the trainer prior to the practical session. In line with HSE INDG479, Guidance Note HSG53 and the Fit2Fit Companion series, anyone who wears tight-fitting RPE at work must be clean-shaven in the region of the face seal in order to achieve a good face-to-facepiece fit.
13. Delegates must be medically fit to wear RPE and perform the fit test and test exercises. Delegates must inform the trainer of any physical condition which may affect the test including all known allergies.

14. The fit test training will include a practical session using sensitivity and fit test solutions containing Sodium Saccharin or Denatonium Benzoate (Bitter). You must inform the trainer if you have any known allergy to either of these substances.
15. Please note that failure to comply with any of the above notes may result in cancellation of the training course incurring a full charge.
16. To see full details on how we protect and manage your data to comply with requirements under GDPR, please see our Privacy Policy on our website [www.face-fit.co.uk](http://www.face-fit.co.uk)
17. Please note NHS England regional commissioning team will be collecting details of those trained to carry out fit testing. This information will be used by the regional commissioning team to assess the coverage we have in the region and where any potential gaps are. This data will not be shared without prior consent.

