

SuppoRTT

Supported Return to Training

Practical Advice and Signposting

Hello and Welcome to SuppoRTT!

We look forward to meeting you at the event on 10 April 2019

Tankersley Manor

Church Lane

Tankersley

Barnsley

South Yorkshire

S75 3DQ

Please note that this is a baby friendly event.

09:30-09:45 Arrival, Registration and Refreshments

09:45-10:30 Welcome & Return to Training (Dr Ros Roden)

10:30-11:00 Return To Training Guidance Document – Caroline Hinds

11:00-11:15 Refreshments

11:15-11:45 Guest Speaker- Suzanne Francis

11:45-12:45 Guest Speakers- Laura MacNally & Rachel Rummery

12:45-13:30 – Lunch

13:30-14:00 Guest Speaker- Michaela

14:00-14:30 Practicalities of Returning- Maya Naravi

14:30-15:00 Questions and close of day

We look forward to meeting you!