

Mentoring Training

Oakwell Centre, Dewsbury District Hospital

Course Tutors: Dr A M Jackson, Director of Medical Education & Mrs D A Matthews, Medical Education Development Manager Mid Yorkshire Hospitals NHS Trust

Aim

The purpose of the day is to share and update knowledge and skills as mentors. There will be an opportunity to reflect on the mentoring role, practise the skills, explore important issues and exchange good practice.

Specifically, the course will provide an opportunity to:

- Review and reflect on experiences of mentoring
- Clarify the role and responsibilities of mentors
- Structure mentoring meetings
- Practise the skills of mentoring
- Communicate concerns and issues for mentors

Programme

9.15 Arrive. Registration.

9.30 Welcome and Introductions,
Aims, and learning outcomes,

9.50 Overview of mentoring & the mentoring role (group discussion)

10.20 Break

10.40 Exercise 1, *'My Mentor'*

11.10 Mentoring, process & model – review principles of feedback

11.20 The mentoring contract & exercise 2

12.30 Lunch

1.15 Mentoring Management - key skill requirements and exercise 3, Skills Practice

3.00 Break

3.15 Skills Practice

4.00 Feedback from exercise 3, review and evaluation

4.30 Close