

# Tea Time Support Circle

for IMGs

Pour yourself a cup of tea (or coffee!) and join us for a warm and welcoming IMG teatime session!

- Come together to chat, connect and share your challenges or thoughts with fellow IMG trainees.
- You can come once, to every session or just drop in whenever you can. Together we'll sip, share and find strength in one another.

**Join Here**

Microsoft Teams  
18:00-19:00



These sessions will plan to run on the first Tuesday and third Thursday of a month unless otherwise stated by the SuppoRTT team. Please check Maxcourse or email [england.supp0-rtt.yh@nhs.net](mailto:england.supp0-rtt.yh@nhs.net) to confirm the sessions.

To subscribe to bi-weekly reminders, please click [here](#).