

# 3-Day Training the Trainers Course

## PRE-COURSE INFORMATION

*Dear course participant,*

*Welcome to the Training the Trainers course. This is an intensive three-day course in which your participation is expected at all sessions in order to complete the course. It will not be possible to join the course at all if you are not able to arrive before 10am on the first day. If your rota makes this difficult, please change your booking to allow a colleague to take up the empty place. It is a really enjoyable three days with lots of fun as well as covering a wide range of teaching topics which will help you in your future teaching and supervising career. The course is very active and participatory and so you are asked to prepare several things for the three days. Please read the brief below and be ready to do 1-2 hours of preparation before the start of the course.*

*Briefing for the 3-day Course: please be prepared to teach your colleagues on Day 1. If you wish to use PowerPoint, you are advised to email your presentation to yourself in order to access it on the HEE laptop.*

### **Day 1 & 2: Microteaching**

You are asked to teach the rest of the group for 10 minutes on one of the topics below: • A holiday you have enjoyed • A hobby • An interesting topic/fact/experience • A medical issue (not just the causes of hypertension, but something potentially contentious, such as rationing or privatisation.) Alternatively, you may wish to choose an educationally related topic from the list below:

- Self-Assessment |
- Reflective Learning |
- Motivation in Medical Education Learning Styles |
- Teaching small groups |
- Difficult Learners |
- Non-verbal Communication |
- Feedback |
- Self Directed Learning |
- Assessment |
- Competence Based Training |

The choice is yours!

You can use the flipchart to do this or bring a handout or use PowerPoint if you prefer. You will not be scored on your content knowledge but will be videoed and receive private one to one feedback from a tutor on your teaching style on day one.

## **Day 2: Skills teaching**

You will need to bring along materials to enable you to teach a simple skill to one other person. It must be non-clinical, and you must be able to bring the equipment required. It will have to be demonstrate or practised 4 times per learner, so you need to ensure the skill is replicable. Examples include origami, a dance step, tying a bow tie, changing a nappy, a knot (sailors), knitting, etc.

Please bring paper and pens to take notes and to give written feedback to your peers. You will receive a full pdf file of the slides of the course content.

## **Day 3: Developing and evaluating your teaching**

You will need to prepare a new 10-minute teaching session for day 3. We recommend that you apply what you have learned on days one and two and use strategies which are suitable for active learning in a small group session. You may choose whatever topic you wish. In the past participants have designed sessions around animals indigenous to Australia, with a quiz; how to take excellent digital photographs, with an exercise based on choosing the most satisfying images from a selection and discussing why. No clinical topics are to be prepared. You will lead one feedback session for your peers and receive feedback yourself both oral and written on your own session.

We really look forward to working with you on this great course – we promise it will be a lot of fun!

### ***Dr Catherine Haines***

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