

2-Day Training the Trainers Course

PRE-COURSE INFORMATION

Dear course participant, Welcome to the Training the Trainers course. This is an intensive two-day course in which your participation is expected at all sessions in order to complete the course, but it is a really enjoyable two days with lots of fun as well as new learning. The course is very active and participatory, and you are asked to prepare several things for the two days. Please read the brief below and be ready to do 1-2 hours of preparation before the start of the course.

Day 1 & 2: Microteaching

You are asked to teach the rest of the group for 5 minutes on one of the topics below: • A holiday you have enjoyed • A hobby • An interesting topic/fact/experience • A medical issue (not just the causes of hypertension, but something potentially contentious, such as rationing or privatisation.) Alternatively, you may wish to choose an educationally related topic from the list below:

- Self-Assessment |
- Reflective Learning |
- Motivation in Medical Education Learning Styles |
- Teaching small groups |
- Difficult Learners |
- Non-verbal Communication |
- Feedback |
- Self Directed Learning |
- Assessment |
- Competence Based Training |

The choice is yours!

You can use the flipchart to do this or bring a handout if you prefer. You will not be scored on your content knowledge but will receive feedback on your teaching style. You will NOT have access to PowerPoint or a computer for this teaching. Some of you will do microteaching on day 1 and others on day 2. Names will be selected at random. Please all be prepared to teach on day 1.

Day 2: Skills teaching

You will need to bring along a simple skill that you can teach to one other person. It must be non-clinical, and you must be able to bring the equipment required. It will have to be done 4 times per learner, so you need to ensure the skill is replicable. Examples include origami, a dance step, tying a bow tie, changing a nappy, a knot (sailors), knitting, etc

Please bring paper and pens to take notes.

I really look forward to working with you on this great course – we promise it will be a lot of fun!

Dr Catherine Haines

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