

## **SuppoRTT**

## **Mentorship Training for Trainees**

**Health Education England Trainee Mentorship Programme** 

## Are you a Higher Speciality Trainee?

Would you like to support your fellow junior doctors by becoming a mentor?

Health Education England have recently introduced a mentorship programme to support junior doctors. We are looking for HST's who would like to act as a mentor to junior colleagues.

Trainees may wish to seek a mentor for many reasons. For example, when starting work as a foundation year doctor, when considering career options, when returning to work from a period of absence or when struggling with exams. A mentor is a person who builds self confidence and personal development in their mentee via a supportive working relationship.

## Want to become a mentor?

The next training day will be held on 10 August at Don Valley House, Sheffield.

Lunch and refreshments will be provided

Prior to attending the day, you must have completed the **E-Learning** for health mentorship module and provide us with a copy of your certificate If you have any questions, please contact the mentorship team: mentoring.yh@hee.nhs.uk

Please book your place through Maxcourse. Please look for Developing people SuppoRTT: Mentorship Training for Trainees

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