

**Sports Dentistry
SW16-01-19-1**

Date and venue:
Tuesday 19th January
The Mount Somerset Hotel, Taunton

Course Organiser:
Lucy Silk

Course Lecturers:
Peter Fine, Director of Sports Dentistry UCL Eastman Dental Institute

Programme

0915 - 0930 Registration & Coffee

0930 – 11.00 Introduction to Sports Dentistry,
Prevalence, relevance and incidence of sporting trauma

11.00-11.15 Coffee

11.15 – 12.30 Treatment of fractured teeth, pulpal involvement, composite restoration

12.30-13.30 Lunch

13.30-14.30 The influence of diet on elite athletes, saliva testing, screening

14.30-15.00 Splinting of traumatised teeth

15.00-15.15 Tea

15.15-16.00 Table demonstration – materials discussion

16.00-16.45 Prevention, mouthguards, helmets and orthodontic treatment

16.45 Discussion

Aim:

This course aims to introduce the concept of sports dentistry.

Objectives: At the end of the course, participants will have knowledge to

1. Base their treatment on sound evidence based dentistry
2. Diagnose and treat differing sporting trauma to the orofacial area
3. Educate patients about dietary implications of sport
4. Use various splinting techniques