

**Snoring Obstructive Sleep Apnoea
Use of Oral appliances**

Date and venue:

Engineers House Clifton Down, Bristol, BS8 3NB

07 November 2014

Course Organiser:

Vassia Karpeta

Course Lecturers:

Mr Rob Jagger,
Consultant Senior Lecturer University of Bristol

Programme

- 13.30 Registration and Coffee
- 14.00 Welcome, Introduction and Housekeeping
- 14.15 Sleep apnoea disorders
- 14.45 Snoring and Sleep apnoea
- 15.15 Oral appliances for snoring and sleep apnoea
- 15.45 Oral appliances in general dental practice/ discussion
- 17.00 Close

Aims

This course describes the nature of snoring and obstructive sleep apnoea and the use of oral appliances to manage these disorders

At the end of the course participants will:

Objectives

- Have improved knowledge of snoring and obstructive sleep apnoea
- Appreciate the information that is needed to produce oral appliances
- Be able to help manage snoring and sleep apnoea.