

Dental Postgraduate Department

***Wear is the problem:
Managing tooth wear in general practice***
(SW-21-04-28-02)

Date and venue:

28th April 2021

Exeter Dental Education Facility, Veysey Close
Exeter, EX2 4SG

Course Organiser:

Samantha Braddock

Course Lecturers:

Professor Brian Millar BDS, PhD, FDSRCS, FHEA, FDT
Dr Fariha Hussain BChD, PGCE, MClinDent (Pros)

The day will start with registration 9.00am and close at 16.30- see details below

Programme

0900- 09.30 Registration and questions from webinar
Delegates split into 2 groups: [blue](#) and [green](#)

Room 1 Clinical Skills Room *Managing generalised anterior and posterior tooth wear*
(Dr Fariha Hussain)

09.30 -11.00 [Diagnosis, prevention, monitoring and intervention](#)
[Designing anterior restorations in a tooth wear case](#)

11.00 -11.15 Coffee

11.15-12.30 [Sequencing treatment to control the occlusion](#)
[Techniques to restore anterior and posterior teeth](#)

12.30-13.15 Lunch

13.15-14.45 [Diagnosis, prevention, monitoring and intervention](#)
[Designing anterior restorations in a tooth wear case](#)

14.45-15.00 Coffee

15.00-16.15 [Sequencing treatment to control the occlusion](#)
[Techniques to restore anterior and posterior teeth](#)

16:15-16:30 Discussion

Dental Postgraduate Department

Room 2 Seminar Room with tables *Managing localised tooth wear, Controlling the occlusion, using splints to manage TMD, clenching and bruxism habits*
(Professor Brian Millar)

09.30 -10.45	Identifying localised tooth wear. Treating localised tooth wear and utilising the Dahl effect. Controlling the occlusion while correcting OVD and distalisation.
10.45 -11.00	Coffee
11.00-12.30	Managing TMD, patients who clench and brux and other occlusal problems.
12.30-13.15	Lunch
13.15-14.30	Identifying localised tooth wear. Treating localised tooth wear and utilising the Dahl effect. Controlling the occlusion while correcting OVD and distalisation.
14.30-14.45	Coffee
14.45-16.15	Managing TMD, patients who clench and brux and other occlusal problems.
16:15-16:30	Discussion

Summary:

A blended learning course of 12 hours CPD consisting of:

- 3 hour webinar available 1 month beforehand
- 3 hours reading and reflection
- 6 hours hands-on training on clinical skills

This popular course covers the aetiology and management of all types of tooth wear, from diagnosis and prevention through monitoring and management. Techniques for intervention use the latest range of adhesive aesthetic materials as well as traditional methods. Hands-on sessions include tooth build-ups with a range of direct and indirect techniques. Teaching covers the management of sensitivity, aesthetics and function as well as occlusal change in vertical and horizontal dimensions. Splints are discussed, made and adjusted on the hands-on course.

Dental Postgraduate Department

Aims

To provide a deeper understanding of the causes, intervention options and management of tooth wear using splints, contemporary materials and techniques.

Objectives:

At the end of the course delegates should be able to:

- Recognise types of tooth wear and apply prevention and monitoring.
- Identify appropriate treatment strategies for localised and generalised tooth wear
- Select a suitable material and technique for specific cases
- Use splints where appropriate

Learning Outcomes:

By the end of this course, participants will;

- be able to design a prevention strategy
- understand when to change the occlusion when restoration a tooth wear case
- understand how and when to use Dahl and when not to use it
- know how to restore worn teeth
- be able to prescribe the correct splint for different situations

GDC development outcome:

C. Maintenance and development of knowledge and skill within your field of practice

The eGDC activity log suggests reflecting on the following during and after this course:

- What did you learn (or confirm) from the activity that was helpful or relevant to your daily work and patients?
- Did you identify any changes/updates needed in your daily work, and if so, what? How did you make these changes?
- If you didn't identify changes needed, what did the activity confirm for you, that you may already know or be doing?
- What was the benefit to your work and/or your patients in carrying out this activity?

For any queries please contact: Samantha Braddock Samantha.Braddock@hee.nhs.uk