

Dental Postgraduate Department***Restorative techniques for general practice*****(SW-21-03-10-01)**Date and venue:

10/3/21

Exeter Dental Education Facility, Veysey Close
Exeter, EX2 4SGCourse Organiser:

Samantha Braddock

Course Lecturers:Professor Brian Millar BDS, PhD, FDSRCS, FHEA, FDT
Dr Fariha Hussain BChD, PGCE, MClintDent (Pros)

The day will start with registration 9.00am and close at 16.30- see details below

Programme0900- 09.30 Registration and questions from webinar
Delegates split into 2 groups: **blue** and **green****Room 1 Clinical Skills Room** *Indirect restorative techniques – from perfect preps to cementation*
(Professor Brian Millar)

09.30 -11.00	Managing broken down teeth with crowns and overlays. Looking at margin position and type. Dealing with subgingival. Checking the occlusion.
11.00 -11.15	Coffee
11.15-12.30	Cores techniques. Moving towards MI crowns with vertical margins. Benefits of provisional restorations. Impressions techniques for difficult situations.
12.30-13.15	Lunch
13.15-14.45	Managing broken down teeth with crowns and overlays. Looking at margin position and type. Dealing with subgingival. Checking the occlusion.
14.45-15.00	Coffee
15.00-16.15	Cores techniques. Moving towards MI crowns with vertical margins. Benefits of provisional restorations. Impressions techniques for difficult situations.
16:15-16:30	Discussion

Dental Postgraduate Department

Room 2 Seminar Room with tables *Direct restorative techniques with composites*
(Dr Fariha Hussain)

09.30 -10.45	Composite restorations for anterior teeth, restoring aesthetics and function with single and double veneer techniques.
10.45 -11.00	Coffee
11.00-12.30	Composite restorations for posterior teeth, restoring contacts areas, working subgingivally, getting the occlusion correct easily and quickly.
12.30-13.15	Lunch
13.15-14.30	Composite restorations for anterior teeth, restoring aesthetics and function with single and double veneer techniques.
14.30-14.45	Coffee
14.45-16.15	Composite restorations for posterior teeth, restoring contacts areas, working subgingivally, getting the occlusion correct easily and quickly.
16:15-16:30	Discussion

Summary:

A blended learning course of 12 hours CPD consisting of:
 3 hour webinar available 1 month beforehand
 3 hours reading and reflection
 6 hours hands-on training on clinical skills

To teach a range of conventional and new tooth restoration techniques, including direct and indirect restorations such as veneers, crowns, overlays, onlays, endocrowns, and vertipreps from planning to cementation. Focus is on contemporary techniques including restoring function and getting the occlusion correct.

Dental Postgraduate Department

Aim

To teach advanced contemporary techniques to restore aesthetics, function and the occlusion on anterior and posterior teeth

Objectives:

At the end of the course delegates will be able to:

- Select a suitable indirect material and tooth preparation including margin type and position
- Prepare teeth accurately and quickly
- Carry out predictable impressions
- Place effective provisional restorations
- Understand cementation protocols for different materials
- Restore aesthetics and function with composite
- Manage subgingival margins and difficult contact areas
- Have several techniques to get the occlusion correct quickly and correctly

Learning objectives:

- Know when to use indirect materials to restore root filled and broken down teeth
- Be able to use aesthetic and functional direct and indirect restorations
- Know which materials and techniques to select for a given clinical situation
- Be able to design and make suitable provisional restorations
- Understand and use the destination driven approach to tooth preparation
- Know how to place aesthetic and functional anterior composite veneers
- Be able to manage difficult posterior cavities with composite

GDC development outcome:

C. Maintenance and development of knowledge and skill within your field of practice

The eGDC activity log suggests reflecting on the following during and after this course:

- What did you learn (or confirm) from the activity that was helpful or relevant to your daily work and patients?
- Did you identify any changes/updates needed in your daily work, and if so, what? How did you make these changes?
- If you didn't identify changes needed, what did the activity confirm for you, that you may already know or be doing?
- What was the benefit to your work and/or your patients in carrying out this activity?

For any queries please contact: Samantha Braddock Samantha.Braddock@hee.nhs.uk