



Dental Postgraduate Department

Anterior Composites **(SW-26-04-15-01)**

Date and venue:

Wednesday 15th April 2026
Engineer's House, Clifton, Bristol

Course Organiser:

Samantha Braddock

Course Lecturers:

Prof Brian Millar

Programme

0915- 09.30	Registration
09.30 -11.00	Session 1: Seminar on Choosing and using composites to improve aesthetics, close spaces and manage worn teeth.
11.00 -11.15	Coffee
11.15-12.39	Session 2: hands-on - Anterior Composite Veneer
12.30-13.30	Lunch
13.30-14.45	Session 3: hands-on – (a) Rubber dam techniques (b) Injection moulding composite
14.45-15.00	Coffee
15.00-16.30	Session 4: hands-on – Layering techniques for complex anterior restorations

Aim

To train dentists in the use of composite to restore anterior teeth, including repairing worn and damaged teeth, closing spaces and improving aesthetics.

Objectives:

During the session the course provider will:

teach dentists how to use composite and adhesives to repair damaged anterior teeth.

demonstrate how to apply rubber dam

teach techniques for the restoration of worn teeth and dealing with spaces

train dentists to select and use appropriate materials

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teach how to manage subgingival margins
explain how to select the appropriate shade
teach suitable finishing and polishing techniques

Learning objectives:

By the end of the course, delegates will be able to:

- 1 assess damaged anterior teeth and select treatment options
- 2 use adhesives and composites to replace missing tooth tissue aesthetically and functionally, using bulk-fill, monolayer and multilayer techniques.
- 3 replace missing tooth tissue with a range of adhesive direct techniques
- 4 decide when to use composite rather than ceramic.
- 5 correctly check the occlusion
- 5 use a range of finishing techniques

GDC development outcome: C

The eGDC activity log suggests reflecting on the following during and after this course:

- What did you learn (or confirm) from the activity that was helpful or relevant to your daily work and patients?
- Did you identify any changes/updates needed in your daily work, and if so, what? How did you make these changes?
- If you didn't identify changes needed, what did the activity confirm for you, that you may already know or be doing?
- What was the benefit to your work and/or your patients in carrying out this activity?

For any queries please contact: