



Dental Postgraduate Department

Current Concepts in Tooth Wear (SW-25-09-18-01)

Date and venue:

18th September 2025

St Austell Conference Centre, Cornwall

Course Organiser:

Samantha Braddock

Course Lecturers:

Prof. Brian Millar

Please join Prof. Brian Millar in Cornwall for a day addressing tooth wear. He will cover diagnosis, management including when to monitor and when and how to restore worn teeth. The hands-on sessions will cover managing both localised and generalised wear using both direct materials and indirect options.

This programme is a mix of seminar and table top practical elements working on models for a relatively small group.

Programme

0900- 09.30	Registration
09.30 -11.00	Session 1: Seminar on assessing patients for tooth wear, determining when tooth wear is pathological and when to intervene.
11.00 -11.15	Coffee
11.15-12.45	Hands-on session 2: restoring teeth with different types of localised wear
12.45-13.30	Lunch
13.30-14.45	Hands-on session 3: restoring teeth with generalised wear
14.45-15.00	Coffee
15.00-16.15	Hands-on session 4: maintenance of patients with tooth wear including refurbishing and replacing direct materials with indirect restorations.

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Aim

The aim of this course is to provide a deeper understanding of the causes, intervention options and management of tooth wear.

Objectives:

By the end of this course delegates should:

- 1 be able to diagnose tooth wear and understand the intervention options from monitoring and prevention to intervention for both localised and generalised tooth wear.
- 2 know how to intervene using contemporary materials to replace missing tissue and correct occlusal problems due to tooth surface loss, restoring function and aesthetics while protecting the teeth.
- 3 be able to maintain worn dentitions by easily refurbishing composite materials as well as having a structured approach to replacing them with indirect materials.

Learning objectives:

At the end of the course participants will be able to:

- 1 provide education on tooth wear diagnosis and intervention options from monitoring and prevention to intervention.
- 2 intervene using contemporary material to replace missing tissue and correct occlusal problems due to too surface loss, restoring function and aesthetics while protecting the teeth.
- 3 maintain worn dentations using a range of materials and options.

GDC development outcome:

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The eGDC activity log suggests reflecting on the following during and after this course:

- What did you learn (or confirm) from the activity that was helpful or relevant to your daily work and patients?
- Did you identify any changes/updates needed in your daily work, and if so, what? How did you make these changes?
- If you didn't identify changes needed, what did the activity confirm for you, that you may already know or be doing?
- What was the benefit to your work and/or your patients in carrying out this activity?

For any queries please contact: Samantha.braddock2@nhs.net