

## Dental Postgraduate Department

### Title

The Posterior Composite Revolution (Success. Profit. Everyday.)

### Date and venue:

Thursday 5<sup>th</sup> March 2025  
Holiday Inn M5 Taunton

### Course Organiser:

Samantha Braddock

### Course Lecturer:

Chris McConnell

### **Programme**

09.15	Registration
09.30	Introduction
09.40	Lecture Start- Theory
11.00	Break
11.15	Hands On – Essential Composite techniques
12.30	Lunch
13.30	Theory Bulk Fill and Hands On
15.00	Break
15.15	Bulk Fill Hands On continued
16.30	Summary
17.00	Close

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### **Aim:**

The course aims to provide participants with the knowledge on the essentials of composite dentistry, where the common pitfalls are and how to avoid them. It will also look at the use of bulk fill composites for the posterior restorations for stress free results. And efficiencies to importantly show you the secrets to successful pricing, promoting and profitability with posterior composite dentistry.

**Objectives:** by the end of the course, participants will;

- You will be shown the classification, composition and performance factors of composites and how the properties of dental materials can be used to optimise composite restorations.
- Gain knowledge on light curing and how it can help or hinder you.
- Be shown the types of bonding systems used in conjunction with composite technology.
- The lecturer will show you how to get easy and reliable results using the Halo and Cutback Technique.
- You will gain practical experience in the techniques of freehand composite placements to achieve aesthetic restorations in the molar and pre-molar region and find out how a limited selection of materials can be used for most cases.
- You will be shown how you can make your restorations affordable both in time and financially for the patient and clinician and recognise the pitfalls of composite placement and be able to trouble shoot.

**Learning outcomes:** by the end of this course, participants will;

1. Have experienced placement of posterior restorations using a leading bulk fill composite in almost all presentations.
2. See how you can make bulk fill extremely profitable for you and your surgery
3. Be able to identify the common reasons for composite failures.
4. Have a better understanding of composite materials available
5. Understand your curing light and how to use it properly
6. Gain an understanding into total etch versus self etch systems

The eGDC activity log suggests reflecting on the following during and after this course:

- What did you learn (or confirm) from the activity that was helpful or relevant to your daily work and patients?
- Did you identify any changes/updates needed in your daily work, and if so, what? How did you make these changes?
- If you didn't identify changes needed, what did the activity confirm for you, that you may already know or be doing?
- What was the benefit to your work and/or your patients in carrying out this activity?