

Dental Postgraduate Department

Creative Techniques With Direct Composite

(SW-24-09-12-01)

Date and venue:

Thursday 12 September 2024,
St Austell Conference Centre, St Austell Business Park, St Austell, PL25 4FD

Course Organiser:

Samantha Braddock

Course Lecturers:

Professor Brian Millar

Programme

09.15 - 09.30	Registration
09.30 -11.00	Session 1: Seminar: smile design, what to look for and be aware of, treatment options, assessing the new design with the patient
11.00 -11.15	Coffee
11.15-12.45	Session 2: hands-on: anterior composite veneer – techniques to create both natural and patient desired outcomes
12.45-13.30	Lunch
13.30-15.00	Session 3: Managing composites over time: repair, rejuvenate, resurface and replace – how to easily upgrade the aesthetics. How to use matrices, injectable techniques and minimise mess.
15.00-15.15	Coffee
15.15-16.45	Session 4: Managing posterior cavities from small to large, including subgingival margins, large contact areas and how to easily get the occlusion correct

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Aim

The aim of this course is to describe techniques to provide aesthetic and functional restorations for anterior and posterior teeth with direct composite materials.

Objectives:

By the end of this course participants should be able to:

1. Describe how to use composite and adhesives to repair damaged teeth with aesthetic and functional restorations.
2. Recognise how to achieve aesthetic results while restoring teeth and smiles.
3. Select and use appropriate materials and techniques to deal with subgingival margins and large contact areas.
4. Explain techniques to quickly obtain the correct occlusal contacts.

Learning objectives:

After this course participants will be able to;

1. assess damaged teeth and select treatment options
2. use adhesives and composites to replace missing tooth tissue aesthetically and functionally, using bulk-fill, monolayer and multilayer techniques.
3. restore posterior cavities.
4. use different techniques to quickly get the occlusion correct

GDC development outcome: C

The eGDC activity log suggests reflecting on the following during and after this course:

- What did you learn (or confirm) from the activity that was helpful or relevant to your daily work and patients?
- Did you identify any changes/updates needed in your daily work, and if so, what? How did you make these changes?
- If you didn't identify changes needed, what did the activity confirm for you, that you may already know or be doing?
- What was the benefit to your work and/or your patients in carrying out this activity?