

Dental Postgraduate Department

Complete Composites

SW-29-09-23-01

Date and venue:

Friday 29th September Kingston Maurward College, Dorset 09:00 till 16:30 with 6 hours CPD

<u>Course Organiser</u>: Samantha Braddock

Course Lecturers:

Prof. Brian Millar Dr Fariha Hussain

Description

This course covers the use of composite as a convenient material to help clinicians design improved smiles, protect teeth against tooth wear, improve the occlusion as well as to restore teeth. It will be a lecture based course with table top practice elements.

Programme

0900- 09.30	Registration
Morning Session	
09.30 -10.45	Being aware of the pros and cons of composite. Using composite creatively to design aesthetic and functional improvements.
10.45 -11.00	Coffee
11.00-12.30	Creating an aesthetic anterior composite veneer. Use this to also manage anterior tooth wear and protect the posterior teeth.
Afternoon Session	
13.30 -15.00	Posterior composites and dealing with the challenges: subgingival margins, difficult contact areas, getting the occlusion correct.
15.00 -15.15	Coffee
15.15-16.30	How to upgrade composites for improved aesthetics and longevity. When

to use indirect composite.



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Educational Aim:

The aim of this course is to provide a deeper understanding of the uses of composite and provide skills to use composite effectively.

Objectives:

By the end of this course participants should be able to:

- 1. Use composite to test a smile design
- 2. Use composite to make an aesthetic veneer
- 3. Use composite to improve the occlusion.
- 4. Demonstrate how to deal with subgingival margins.
- 5. Be able to obtain good proximal contact areas
- 6. Be able to get the occlusion correct quickly.
- 7. Be able to upgrade the initial composite to improved materials both direct and indirect.

Learning Outcomes: What the course participants will be able to do on completion

At the end of this course participants will:

Be able to use composite in a range of ways to improve aesthetics and function, protect teeth including modifying the occlusion.

GDC development outcome: C

The eGDC activity log suggests reflecting on the following during and after this course:

- What did you learn (or confirm) from the activity that was helpful or relevant to your daily work and patients?
- Did you identify any changes/updates needed in your daily work, and if so, what? How did you make these changes?
- If you didn't identify changes needed, what did the activity confirm for you, that you may already know or be doing?
- What was the benefit to your work and/or your patients in carrying out this activity?