

**Dental Postgraduate Department****Complete Composites**

SW-28-09-23-01

Date and venue:

Thursday 28<sup>th</sup> September 2023, Holiday Inn Taunton  
09:00 till 16:30 with 6 hours CPD

Course Organiser:

Samantha Braddock

Course Lecturers:

Prof. Brian Millar Dr Fariha Hussain

**Description**

This course covers the use of composite as a convenient material to help clinicians design improved smiles, protect teeth against tooth wear, improve the occlusion as well as to restore teeth. It will be a lecture based course with table top practice elements.

**Programme**

0900- 09.30                      Registration

**Morning Session**

09.30 -10.45                      Being aware of the pros and cons of composite. Using composite creatively to design aesthetic and functional improvements.

10.45 -11.00                      Coffee

11.00-12.30                      Creating an aesthetic anterior composite veneer. Use this to also manage anterior tooth wear and protect the posterior teeth.

**Afternoon Session**

13.30 -15.00                      Posterior composites and dealing with the challenges: subgingival margins, difficult contact areas, getting the occlusion correct.

15.00 -15.15                      Coffee

15.15-16.30                      How to upgrade composites for improved aesthetics and longevity. When to use indirect composite.

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### **Educational Aim:**

The aim of this course is to provide a deeper understanding of the uses of composite and provide skills to use composite effectively.

### **Objectives:**

By the end of this course participants should be able to:

1. Use composite to test a smile design
2. Use composite to make an aesthetic veneer
3. Use composite to improve the occlusion.
4. Demonstrate how to deal with subgingival margins.
5. Be able to obtain good proximal contact areas
6. Be able to get the occlusion correct quickly.
7. Be able to upgrade the initial composite to improved materials both direct and indirect.

**Learning Outcomes:** What the course participants will be able to do on completion

At the end of this course participants will:

Be able to use composite in a range of ways to improve aesthetics and function, protect teeth including modifying the occlusion.

GDC development outcome: C

The eGDC activity log suggests reflecting on the following during and after this course:

- What did you learn (or confirm) from the activity that was helpful or relevant to your daily work and patients?
- Did you identify any changes/updates needed in your daily work, and if so, what? How did you make these changes?
- If you didn't identify changes needed, what did the activity confirm for you, that you may already know or be doing?
- What was the benefit to your work and/or your patients in carrying out this activity?



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