

Dental Postgraduate Department

Sleep apnoea and other sleep related breathing disorders- the role of mandibular advancement appliances in the management of sleep-disordered breathing.

(SW-19-05-22-01)

Date and venue:

Wednesday May 22nd 2019

Duckworth Suite, Exeter Golf and Country Club, Countess Wear, Exeter, EX2 7AE

Course Organiser:

Samantha Braddock and Orthodontic MCN

Course Lecturers:

Professor Ama Johal

Programme

13.15 -13.45	Registration
13.45- 15.15	Overview of sleep related breathing disorders
15.15- 15.30	Coffee
15.30- 16.30	Evidence based perspective on the role of mandibular advancement appliances in the management of sleep related breathing disorders.
16.30- 16.45	Discussion and Close

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Aim

The aim will be to explore the role of the Dentist in the management of sleep-disordered breathing in Adults.

Objectives:

1. To provide an overview of our current understanding of sleep-related breathing disorders and the importance of the dental profession, highlighting the aetiology for collapse of the upper airway, prevalence, clinical features and management approaches.
2. To give a current evidence-based perspective on the role of mandibular advancement appliances in the management of sleep-related breathing disorders.

Learning objectives:

1. An understanding of the spectrum of sleep-related breathing disorders, including their prevalence, aetiology, clinical features, diagnosis and treatment options
2. An understanding of the role of mandibular advancement appliances in the management of sleep-related breathing disorders, including their modes of action, rationale for selection, design features and the evidence supporting their role.

GDC development outcome: A,B, C

The eGDC activity log suggests reflecting on the following during and after this course:

- What did you learn (or confirm) from the activity that was helpful or relevant to your daily work and patients?
- Did you identify any changes/updates needed in your daily work, and if so, what? How did you make these changes?
- If you didn't identify changes needed, what did the activity confirm for you, that you may already know or be doing?
- What was the benefit to your work and/or your patients in carrying out this activity?



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