NHS Education South West Dental Postgraduate Deanery



PLAQUE SCORING AND TOPICAL FLUORIDE VARNISH APPLICATION

SW17-09-09-1

Date and venue:

Saturday 9th September 2017

Clinical Skills Lab
Level 7 – Orthodontics/Dental Specialties
Derriford Hospital
Derriford
PL8 8DH

Course Organiser:

Heidi Mills

Course Lecturers:

Wendy Lee & Helen Biggs

Programme

09:00 - 09:30	Registration
09:30 - 09:45	Anatomy – upper respiratory tract and salivary glands
09:45 – 11:15	Plaque, calculus, gingivitis
11:15 – 11:30	Break
11:30 - 13:00	Caries fluoride prevention
13:00 – 13:30	Lunch
13:30 – 14:00	Patient journey
14:00 – 14:15	Powerpoint presentation on plaque scoring
14:15 – 14:30	Practical demonstration
14:30 – 16:15	Practise in groups/Log Books
16:15 – 16:30	Questions/Evaluations

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Aim

To provide the practical and theoretical knowledge and skills needed in order for DCPs to competently use disclosing materials, record the outcome, competently apply topical fluoride varnish and provide appropriate oral health advice

Objectives

Students will be able to:

- 1. Check medical history.
- 2. Prepare surgery with the required materials and equipment for plaque disclosing and topical fluoride varnish application.
- 3. Prepare the patient for plaque disclosing and topical fluoride varnish application.
- 4. Be competent and use a safe technique during the practical application of disclosing solution and topical fluoride varnish, recording the outcome of plaque disclosing.
- 5. Provide appropriate tooth brushing instruction and oral health advice.
- 6. Be able to manage any complications that may occur.
- 7. Ensure continuity of care for the patient.

Learning outcome

Delegate will be able to confidently disclose and plaque score their patient under the prescription of a GDP and then apply a fluoride application.

POC

Heidi Mills

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