# NHS Education South West Dental Postgraduate Deanery



#### **DCP Study Day**

# What is Black and White and Red All Over? Bacterial Plaque

SW17-05-17-1

# **Date and venue:**

Wednesday 17<sup>th</sup> May 2017 09:15-16:30

Plymouth Post Graduate Medical Centre
Derriford Hospital
Derriford Road,
Plymouth
PL6 8DH
(Rear of Main Hospital Building)

# **Course Organiser:**

Heidi Mills DCP Advisor for Devon & Cornwall, Dental Nurse

# **Course Lecturers:**

Sonia Jones RDH CFET
Dental Hygienist, Tutor, Lecturer
Trainer in BLS and AED

#### **Programme**

09:00 - 09:15	Registration
09:15 – 10:45	Prompt Start – Session 1:- Plaque Lecture
10:45 - 11:00	Coffee Break
11:00 – 12:30	Lunch – Coffee Shark
13:30 – 15:00	OHE Workshop
15:00 – 15:15	Coffee Break
15:15 – 16:15	OHE Workshop

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16:15 – 16:30 Evaluations, Q&A, Close of Course.

#### Aim:-

#### Morning: - What is black and white and red all over? Bacterial Plaque!

-To give an overview of tooth deposits and bacterial plaque, to show how these deposits contribute to dental diseases and how they are detrimental to oral and general health.

# Afternoon: - Delivering Better Oral Health.

-To educate DCP's in the "bigger picture" of oral health education and oral health promotion.

### Objectives:-

#### What is black and white and red all over? Bacterial Plaque:

(By the end of the lecture you should be able to)

- 1. List tooth deposits
- 2. Describe the formation of bacterial plaque
- 3. State what a biofilm is and how it works
- 4. Determine which bacteria cause which dental disease
- 5. Discuss the impact of bacterial plaque on general health

#### **Delivering Better Oral Health**

fine oral health promotion, oral health education, and prevention

e diet advice and oral hygiene instruction to your patients

- 1. Use the Department of Health's toolkit to deliver better oral health
- 2. Describe available oral hygiene products
- 3. Discuss the benefits of fluoride
- 4. List and describe the different types of toothpaste on the market
- 5. List the mouthwashes on the market and describe their mode of action

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# **Learning Outcomes:-**

Delegates will have attended a lecture and completed a quiz on bacterial plaque, they will be able to describe what it is and what it does and what it causes and will be able to determine whether it can cause or contribute to systemic disease.

Standards 1.4, 7.1, 7.3

Standards 1.1, 1.2, 1.4, 1.6, 2.1, 2.2, 2.3, 6.1, 6.4, 6.5, 7.1, 7.2, 7.3



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