

***Dental Acupuncture for the Dental Team
Foundation Course***

Dr David Johnson BSc(Hons) BDS(Wales) MFDS RCS(Eng)
*Community Dental Officer
Cardiff and Vale University Health Board*

**Friday 7th October 2016
Postgraduate Medical Centre, Bath**

- 09.00 Registration & Coffee**
- 09.30 Introduction & Session 1**
- 10.45 Coffee & Discussion**
- 11.00 Session 2**
- 12.30 Lunch & Discussion**
- 13.15 Session 3**
- 15.00 Tea & Discussion**
- 15.15 Session 4**
- 16.25 Conclusions & consensus**
- 16.30 Close**

By the end of the session participants will have an understanding of:

- The background of acupuncture
- The principles of how acupuncture works, both Chinese and Scientific hypothesis
- Diagnosis of head and neck myofascial pain
- The application of acupuncture in relation to dentistry and conditions treated
- Side effects and complications of acupuncture
- How to start using acupuncture in your Dental Practice

Practical sessions include:

- Identification of acupuncture points, local and distant
- Practical needling of acupuncture in groups of 2 or 3 people