Dental Postgraduate Department

Health Education South West

Treating Patients using Hypnosis & NLP

Lecturer:
Anthony Asquith, Dentcom Training
Date and venue:
Friday 05 February 2015
Alverton Manor Hotel, Truro
Course Organiser:
Carrie Bradburn, Postgraduate Tutor

PROGRAMME

09.00 Registration & Tea/Coffee

09.30 NISE Guidelines (Normalisation, Induction, Self- Hypnosis and Encouraging Patients towards behavioural change in the clinical setting)

- Video of Michael Gow undertaking dental hypnosis for implants and Video featuring Dr Michael Mosely demonstrating what happens in the Brain to allow hypnosis to work so well without anaesthesia…
- What is hypnosis and what are the benefits of using it within clinical practice and for your own wellbeing.
- What is the body language of fear and what you do to assist patients to normalise their fears.

11.15 Tea/coffee

11.30
- Solution Focused questioning skills
- Introducing Dental Hypnosis using the 'Yes set'
- 5-7 Breathing Technique, beautiful place induction and then practice with partners

13.00 Lunch

13.45
- Dreaming Arm rapid induction procedure /Body Scan/Countdown and Creating an Anchor plus practice with each other..
- Self /Hypnosis- featuring a demonstration of the 3 things induction and actually getting the job done with your patient… Plus practice with each other

15.00 Tea/coffee

15.15
- NLP Eye Accessing Cues and their application in clinical practice
- Group Exercises and finally conclusions and observations

16.30 Close

Aim: To learn practical techniques to encourage calmer patients and a calmer you.

Objectives: By the end of the course participants should be able to

- Calm highly aroused and phobic patients by normalising their fear of treatment
- Induce trance states using easy to use techniques with patients for them to comply with treatment
- Use self- hypnosis for managing your own mind states
- Future pace patients to encourage rapid healing and dental behavioural change following treatment

Outcome: An improved ability to treat anxious patients and knowledge of self-hypnosis techniques