

## Fibredontics and practical aesthetic composite restorations - Day 2

Date and venue:  
**Friday 30<sup>th</sup> October, 2015**  
**The Alverton Hotel, Truro**

Course Organiser:  
 Carrie Bradburn, Dental Postgraduate Tutor

Course Lecturers:  
**Dr. J.J.Jansen van Rensburg**  
**Mr. R. Newman**

### Programme

|                      |   |
|----------------------|---|
| <b>08.45 – 09.00</b> | <b>Registration and Tea/Coffee</b>  |
| 09.00 - 09.45        | Posterior composites and latest innovations to make dentistry easier<br>JvR |
| 09.45 - 10.45        | Restoring a lower molar: demo and Hands-on JvR                              |
| <b>10.45 - 11.00</b> | <b>Tea/Coffee</b>   |
| 11.00 - 11.20        | The artistry of composites. Layering opacious dentine ‘tricks’ RN           |
| 11.20 -12.20         | Composite hands on and demonstration RN                                     |
| 12.20 - 13.00        | Polishing and shaping tips and tricks RN                                    |
| <b>13.00 – 14.00</b> | <b>Lunch</b>  |
| 14.00 -15.00         | Splinting, direct composite veneers and gum shade composites JvR            |
| 15.00 - 15.30        | Gum shades (characterization) hands on and demonstration RN                 |
| <b>15.30 - 15.45</b> | <b>Tea/Coffee</b>   |
| 15.45 - 16.30        | Concluding Lecture JvR  |

### **Delegates are asked to bring their own curing lights for use in the practical sessions**

**Aim:** To introduce clinicians to solutions for problems often experienced in the dental surgery and practical information on how to manage them

**Objectives:** By the end of the course delegates should have a good knowledge and hands-on experience of:

Composite restorations with a difference – alternative uses for composites

Different matrix systems for good contact points

A layering technique

How to improve the aesthetic appearance of the periodontally involved teeth with cost effective treatment options, avoiding expensive, indirect, laboratory manufactured restorations.

**Outcome:** The delegates should leave with a bank of solutions to some everyday problems in general dental practice