

Mastering Posterior Composites: A Simplified Approach

Date and venue:
Tuesday 21st July, 2015
Truro DEF, Treliske

Course Organiser:
Carrie Bradburn, Postgraduate Tutor

Course Lecturers:
Jason Smithson

Programme

09.00	Registration & Tea/Coffee
09.30	Mastering Posterior Composites
11.30	Tea/Coffee
12.00	Hands on Practical Session 1
13.00	Lunch
14.00	Hands on Practical Session 2
15.00	Tea/Coffee
15.30	Hands on Practical Session 3 Discussion period
17.00	Close

Aim: To introduce a simple technique which results in a highly aesthetic composite restoration which is easy to place, with instruments common to all dental offices, using minimal shades of composite resin.

Objectives: By the end of the course delegates will understand how to:-

Use a simplified, stratification technique using internal tints and a novel placement technique to consistently achieve lifelike resin restorations

Use a predictable technique to achieve anatomical contours in a class 2 situation which requires minimal finishing

Practically place direct composite resin restorations in molar teeth:

simple class 1, complex class1 with palatal extension and complex class2 Use a strategy for predictable class 2 contacts (The Triodent V3 matrix)