

**Additional skills dental nurse training**  
**Topical Fluoride Application with Plaque and Debris Scoring**



**We recommend that delegates have at least 6 months registration with the General Dental Council prior to applying for this course**

**Course organiser**  
**Diane Bell**

**Recommended reading prior to the course**

Delivering Better Oral Health 3<sup>rd</sup> edition (Public Health England )  
Improving Oral Health Changing Behaviour (Department of Health)  
Basic Guide to Oral Health Education and Promotion - Felton & Chapman (2013)

**Aim** To provide the practical and theoretical knowledge and skills needed in order for delegates to competently use disclosing materials, record the outcome, and competently apply topical fluoride varnish and provide appropriate oral health advice

**Objectives** -Delegates will be able to competently complete the following on prescription from a dental surgeon

Check medical history,

Prepare the surgery for the procedure,

Prepare the patient,

Be competent and demonstrate a safe technique during the practical elements of disclosing plaque and applying topical fluoride varnish

Demonstrate an understanding of the results of the plaque score and be able to provide appropriate tooth-brushing instruction and oral health advice

Be able to manage any complications that may occur

Ensure continuity of care for the patient

## **Content of the course**

**The course will follow the document Delivering Better Oral health we recommend that delegates are familiar with the content of this document. A summary guidance table is available for delegates to download who are booked on this course**

### **Theory and clinical skills session 7<sup>th</sup> February 2015**

**Tutors** Wendy Lee, Sarah Boulton, Yvonne Ward

#### **9.15 Registration with refreshments**

9.30 The morning session will include elements of the following

Dental anatomy

Medical history

Prescription/Referral

Consent, Communication, Record Keeping, Confidentiality

Child Protection, Chaperoning

Health & safety

Compliance

Plaque, Calculus and Debris

Disclosing Materials

Index systems for recording scores

Dental caries and its prevention

Fluoride

Oral health message

**Refreshments will be served during the morning session at an appropriate time**

#### **12.30 Lunch (bring your own lunch)**

### **1.0 Clinical Skills Session**

Demonstration

Selection of materials and techniques.

Applying disclosing material

Index scoring

Infection Control, Preparation of Surgery, Preparation and care of the patient.

Topical Fluoride Varnish Application

Oral health message

Participants will be in small groups where under supervision they will each take the role of clinician, dental nurse & patient.

#### **4.15 Summary**

#### **4.30 Close**