

Snoring and Obstructive Sleep Apnoea

Date and venue:

Friday 28<sup>TH</sup> November 2014

The Barn Function Centre

Berkeley

Glos

GL13 9EW

Course Organiser:

Keith George

Course Lecturers:

Mr Rob Jagger

Consultant in Restorative Dentistry

Bristol Dental Hospital

**Programme**

1330 Registration.

1400 Sleep and Sleep Disorders.

1430 Snoring and Sleep Apnoea.

1500 Oral appliances for Snoring and Obstructive Sleep Apnoea.

1630 Oral appliances in General Dental Practice/ discussion.

1700 Close.

Course Aims-

This course describes the nature of snoring and obstructive sleep apnoea and the way that dentists can use oral appliances to help manage these disorders.

The course will provide information that the Dental Protection Societies require for members to be eligible for cover when providing this form of treatment.

Learning outcomes-

At the end of the course participants will:

- \* Understand snoring and obstructive sleep apnoea
- \* Know which patients to treat
- \* Know how to produce and fit oral appliances
- \* Know how patients should be monitored

