## NHS Education South West Dental Postgraduate Deanery



## Cleaner, Whiter, Brighter: Tooth Bleaching

<u>Date and Venue:</u>
Wednesday 9<sup>th</sup> July 2014
The Sands Resort Hotel and Spa, Newquay

<u>Course Organiser</u>: Carrie Bradburn, Postgraduate Tutor

<u>Course Lecturer:</u> **Dr Munther Sulieman BDS, LDSRCS, MSc, PhD** 

## **Programme**

09.00	Registration & Tea/Coffee
09.30	Introduction
	The causes of tooth discolouration and an overview of tooth whitening techniques
11.15	Tea/Coffee
11.30	Hands On - Home and power bleaching techniques
13.00	Lunch
14.00	Colour perception and shade taking techniques
	Hands On - Shade taking for lab and surgery based restorations
15.30	Tea/Coffee
15.45	Summary of bleaching results and legal issues
16.30	End of day Evaluation
17.00	Close

**Aim:** To give an overview of all tooth whitening techniques available, with appropriate indication and contraindications to enable you to use the various techniques.

Objectives: By the end of the course delegates should:-

Understand the various causes of tooth discolouration. Have practised different methods to whiten teeth. Understand the theory of shade taking. Be able to take shades with the new systems available.