

How to Motivate without Really Trying

Date and Venue:
Friday 25th April 2014
Alverton Hotel, Truro

Course Organiser:
Carrie Bradburn, Dental Postgraduate Tutor

Course Lecturers:
Carol Brooking
Kit Maher
Cascade

PROGRAMME

- 09.00** **Registration / Tea / Coffee**
- 09.30** Motivation – why don't they just get on with it?
- 10.45** **Tea/Coffee**
- 11.00** Goals – true gold
- 12.45** **Finish**

Aim: To develop dental team members' skills and understanding in the motivation of staff and patients

Objectives: By the end of the seminar participants will:-

Be able to identify when someone is motivated and what motivates them

Be able to understand why people fail to change habits and behaviours

Be able to get people to set goals for themselves and achieve them

Have practised techniques to achieve the above