

Cleaner, Whiter, Brighter: Tooth Bleaching

Date and Venue:

**Wednesday 30th October 2013
The Bedruthan Steps Hotel, Mawgan Porth**

Course Organiser:

Carrie Bradburn, Postgraduate Tutor

Course Lecturer:

Dr Munther Sulieman BDS, LDSRCS, MSc, PhD

Programme

09.00	Registration & Tea/Coffee
09.30	Introduction The causes of tooth discolouration and an overview of tooth whitening techniques
11.15	Tea/Coffee
11.30	Hands On - Home and power bleaching techniques
13.00	Lunch
14.00	Colour perception and shade taking techniques Hands On - Shade taking for lab and surgery based restorations
15.30	Tea/Coffee
15.45	Summary of bleaching results and legal issues
16.30	End of day Evaluation
17.00	Close

Aim: To give an overview of all tooth whitening techniques available, with appropriate indication and contraindications to enable you to use the various techniques.

Objectives: By the end of the course delegates should:-

Understand the various causes of tooth discolouration.
Have practised different methods to whiten teeth.
Understand the theory of shade taking.
Be able to take shades with the new systems available.