

Snoring Obstructive Sleep Apnoea Use of Oral appliances

15th February 2013

Venue: Lyngford House, Taunton, TA2 8HD

Presenter: Rob Jagger
Consultant Senior Lecturer University of Bristol

13.30	Registration
14.00	Sleep and sleep disorders
14.30	Snoring and Sleep apnoea
15.00	Oral appliances for Snoring and Sleep Apnoea
16.30	Oral appliances in general dental practice / discussion
17.00	Close

Aim:

This course describes the nature of snoring and obstructive sleep apnoea and the use of oral appliances to manage these disorders

Learning outcomes:

At the end of the course participants will:

- have improved knowledge of snoring and obstructive sleep apnoea
- appreciate the information that is needed to produce oral appliances
- be able to help manage snoring and sleep apnoea.