

Update and Refresh

A series of four courses

2011/2012

Programme

Course Organiser: [Brian Armstrong](#)
Venue: [Burwalls, Clifton, Bristol](#)
Course Secretary: Katherine Sugg

Dental Postgraduate Department
Bristol Dental Hospital
Bristol
BS1 2LY

Tel: 0117 342 4523
Fax: 0117 342 4526

Email: Katherine.sugg@bristol.ac.uk
www.bris.ac.uk/dentalpg

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INTRODUCTION

Welcome to 'Update & Refresh', previously known as Advanced Revision, a series of courses, which has been running very successfully for 25 years. Whether it's your intention to attend just one, or indeed all four of the 2011/2012 series of courses, on behalf of the South West Deanery I wish to thank you for your support and hope that you enjoy the experience and that your expectations are achieved. With it's wonderful position next to the Clifton Suspension Bridge and overlooking the Avon Gorge, Burwalls provides a really welcoming venue, where you can meet with the presenters and colleagues from all over the South West and other parts of the UK.

The intention of this series is to provide high quality, intellectually stimulating and most of all, enjoyable postgraduate education that's relevant to the everyday practice of Dentistry. Each course is designed to be informative, reflective and thought provoking. We all require reassurance that we are operating within the envelope of 'Accepted best practice', but it is only by exposing ourselves to new concepts and ideas, challenging long held, but possibly out of date beliefs and participating in frank discussion and peer review, that we can be sure that we are delivering the best possible care for our patients.

The team of carefully selected presenters, some of whom are nationally and even internationally regarded experts in their fields have been with the courses for many years and enjoy the intellectual challenge of demanding questions. I am also delighted to welcome back for the 2011/2012 series, Professor Stephen Prime and Professor StJohn Crean, who will be presenting important topics not previously covered on the Oral Surgery & Medicine course.

It is one of the objectives of the course, that the format remains as informal and interactive as possible, consistent of course with the constraints of time. So, please do ask questions and be prepared to share information, discuss, or even defend opinions.

Whilst the nature of the weekend courses is of fairly intensive days of lecturing, there are however ample opportunities for informal discussion during coffee/tea breaks and lunch. Friday night visits to the local hostelrys in Clifton have become an enjoyable event and gives those attending the opportunity to discuss matters of the day with colleagues and new acquaintances.

However, the overriding purpose of the course is that of learning and it is to be hoped that your interest in the various topics will be rekindled, leading to a revitalised approach to professional life. For some, attendance may even be the catalyst that stimulates the quest for further qualifications. Whatever the reason, I hope that you enjoy the courses and I look forward to your company over the next few months.

Brian Armstrong
SW Deanery FGDP Tutor and Course Organiser

Brian Armstrong BDS LDS DGDG MGDS RCS (Eng) COURSE ORGANISER

After qualification in 1971 and a Surgical House Officer appointment at Guys Hospital, I commenced general practice in the Royal Air Force Dental Branch. With the exception of a relatively brief period as a private practitioner in Germany, I have spent the majority of my working life within the military environment, always maintaining however close contact with civilian colleagues.

With the formation of the Defence Dental Agency in 1996, I was appointed a Principal Dental Officer, responsible for the management of resources and maintenance of clinical standards within a group of military dental practices. I was also largely responsible for the development of the Military system of Clinical and Practice Audit still currently in use.

On retirement in 2003, I was appointed as Head of Avon Salaried Primary Care Dental Services, a post I retired from in 2008. I also worked part time in private practice for 10 years. I therefore have a broad perspective and wide experience of primary care dentistry.

I am most interested in the application of quality assurance and clinical audit in general practice and the life long maintenance of professional standards.

I would highly recommend study for the MJDF, or any postgraduate qualification, which provides the stimulus for continued professional development. For those of you contemplating such action, I shall be attendance throughout the course and will be happy to advise on any aspect.

OVERALL AIM OF COURSES

To provide a focused overview of current knowledge in an accessible and interactive format, with appropriate visual aids and supporting literature

Overall Objectives of courses

Each course will have somewhat different priorities, but as a result of this series of courses, the clinician should be able to more competently

- Screen Oral Health
- Diagnose
- Treatment plan
- Ensure consistently predictable treatment outcomes
- Risk manage

COURSE EVALUATION

So that the presenters and I can be certain that the style, content and delivery of the presentations are appropriate, it is very important that the course evaluations are completed as accurately and honestly as possible. Although objective criticism is of course welcome, please do not comment in such a manner that might offend, since the evaluations may be read by the presenters. Nevertheless, it is only with the benefit of objective evaluation that the course can continue to evolve to meet the needs of those attending.

ADMINISTRATION

To ensure that the course runs smoothly please note the following: -

- Where possible, lectures will commence at the appointed time, unless informed to the contrary by myself.
- As a courtesy to fellow delegates and more especially the presenters, it would be greatly appreciated if individuals do not absent themselves prior to the advertised completion of each day's programme.
- If you are attending more than one of the series, please ensure that you bring your programme on each occasion.
- Course evaluation forms must be completed and returned to the Course Organiser at the end of each weekend.
- Completion of the Attendance Registers on arrival and departure each day of the course is obligatory.
- Course certificates and Section 63 forms can only be certified for the actual amount of time in attendance.
- Smoking is not permitted within the building.
- I shall be available throughout to address any concerns.

Weekend One

Periodontology & Removable Prosthodontics

Friday 21st October 2011

- | | |
|----------|---------------------------------------------------------------------------------------------------------------------------|
| 8.45 am | Registration and Introduction
Brian Armstrong |
| 9.00 am | Tips for successful complete denture technique for the GDP
Rob Jagger |
| 10.00 am | Complete Denture Problem Solving
Rob Jagger |
| 11.00 am | <i>Coffee</i> |
| 11.15 am | Restoring and Rehabilitating with Removable Restorations Part I - an integrated approach
Neil Millington |
| 12.45 pm | <i>Lunch</i> |
| 1.45 pm | Restoring and Rehabilitating with Removable Restorations Part II
Neil Millington |
| 3.15 pm | <i>Tea</i> |
| 3.30 pm | Restoring and Rehabilitating with Removable Restorations Part III – including Practical Session
Neil Millington |
| 5.30 pm | <i>End</i> |

Weekend One

Periodontology & Removable Prosthodontics

Saturday 22nd October 2011

- | | |
|----------|-------------------------------------------------------------------------------------------------------|
| 9.00 am | Microbiology of Periodontal Disease
Non Surgical Periodontal Therapy
Sarah Manton |
| 10.30 am | <i>Coffee</i> |
| 10.45 am | Current Concepts of Periodontal Disease
Progression and Diagnosis
Sarah Manton |
| 12.15 pm | <i>Lunch</i> |
| 1.15 pm | Chemical Plaque Control and Hypersensitivity
Professor Nicola West |
| 2.30 pm | <i>Tea</i> |
| 2.45 pm | Interface between Periodontology and
Conservative Dentistry
Sarah Duffy |
| 4.30 pm | <i>End</i> |

Weekend Two

Oral Surgery & Medicine

Friday 2nd December 2011

- | | |
|----------|---------------------------------------------------------------------------|
| 8.45 am | Registration and Introduction
Brian Armstrong |
| 9.00 am | Facial Pain of non dental origin
Professor Stephen Prime |
| 10.15 am | Assessment of Third Molars
Charles Perkins |
| 11.15 am | <i>Coffee</i> |
| 11.30 am | The Art of predictable Local Analgesia
Chris Bell |
| 12.30 pm | <i>Lunch</i> |
| 1.30 pm | Management of Infection & Surgical complications
Chris Bell |
| 2. 45 pm | Surgical Quiz
Chris Bell |
| 3.45 pm | <i>Tea</i> |
| 4.00 pm | Treatment of the Medically compromised patient
Tony Brooke |
| 5.30pm | <i>End</i> |

Weekend Two

Oral Surgery & Medicine

Saturday 3rd December 2011

- 9.00 am **Medical Conditions of relevance to the GDP part1**
Professor StJohn Crean
- 10.30 am *Coffee*
- 10.45 am **Medical Conditions of relevance to the GDP part2**
Professor StJohn Crean
- 12.00 am **HIV Update**
Tony Brooke
- 1 pm *Lunch*
- 2 pm **Lumps, Bumps, Oral Ulceration & White Patches
Part 1**
Tony Brooke
- 3.15 pm *Tea*
- 3.30 pm **Lumps, Bumps, Oral Ulceration & White Patches
Part 2**
Tony Brooke
- 4.30 pm *End*

Paediatric Dentistry for the GDP

Friday 20th January 2012

- 8.45 am **Registration and Introduction**
Brian Armstrong
- 9.00 am **Paediatric Oral Medicine**
Jane Luker
- 9.45 am **The Profession and children with cleft lip and palate**
Deborah Franklin
- 10.45 am Coffee
- 11.00 am **The meeting of Orthodontics and Paediatric Dentistry**
Nikki Attack
- 12.00 am **Treatment planning for children**
Peter Crawford
 Assessment and warning signs
 The spiral of care
 The 'Scottish protocol'
- 1.00 pm *Lunch*
- 2.00 pm **Restorative Care for children**
Peter Crawford
 Children in pain
 The high caries rate child
 MIH
 Aesthetic restorations
- 3.00 pm *Tea*
- 3.15 pm **Dentoalveolar injuries in childhood/adolescence**
Peter Crawford
- 4.15 pm **Case Planning exercise**
Rebecca John
Peter Crawford
Reena Bhatt
- 5.30 pm *End*

Weekend Four

Restorative Dentistry

Thursday 23rd February 2012

- | | |
|----------|-------------------------------------------------------------------------------------------------------------------|
| 8.45 am | Registration and Introduction
Brian Armstrong |
| 9.00 am | Current Concepts in the Management of Caries
Gordon Gray |
| 10.30 am | <i>Coffee</i> |
| 11.00 am | General Principles of Diagnosis and Treatment Planning in Restorative Dentistry
Ken Harper |
| 11.45 am | Occlusion for the General Practitioner Part1
Ken Harper |
| 12.45 | <i>Lunch</i> |
| 1.45 pm | Occlusion for the General Practitioner Part 2
Ken Harper |
| 3.pm | <i>Tea</i> |
| 3.30 pm | Current concepts and indications for the provision of both Conventional and Adhesive bridges
Ken Harper |
| 5.30 pm | <i>End</i> |

Weekend Four

Restorative Dentistry

Friday 24th February 2012

9.00 am	Impression Materials and Associated Techniques Bill Beare
10.00 am	Fundamentals of Endodontics Gillian Boswell
11.00 am	<i>Coffee</i>
11.30 am	Management of the difficult case and re-treatments Gillian Boswell
1 pm	<i>Lunch</i>
2 pm	Aetiology and Treatment of Tooth Surface Loss Bill Beare
3.45 pm	<i>Tea</i>
4.15 pm	Restoration of the Non-Vital Tooth Bill Beare
5.15 pm	<i>End</i>

Weekend Four

Restorative Dentistry

Saturday 25th February 2012

9.00 am	Radiographic Interpretation Jane Luker
10.00 am	<i>Coffee</i>
10.30 am	Composites and Bonding Systems Gordon Gray
12 noon	Lunch
1 pm	Demolition Dentistry Bill Beare
2 pm	Tea
2.30 pm	Implant update for the GP Bill Beare
4.15 pm	End

BOOK LIST

Recommended further reading, reference and for potential MJDF candidates.
Further suggestions may come from lecturers during the course if requested.

An Atlas Of Dental Radiographic Anatomy	Kasle
BDA Advice Sheets	
Adult Antimicrobial Prescribing in Primary Dental Care	FGDP (UK)
Standards in Dentistry	FGDP (UK)
Clinical Examination and Record-Keeping	FGDP (UK)
Selection Criteria for Dental Radiography	FGDP (UK)
Clinical Anatomy for Dentistry	Longmore&McRae
Colour Atlas of Dental Analgesia and Sedation	Roberts & Rosenbaum
Dental Photography	Wander & Gordon
Dental Practitioners Formulary	
Designing Complete Dentures	Watt & MacGregor
Endodontics	Stock, Gulabivala, Walker&Goodman
Essentials of Dental caries	Edwina Kidd
Essentials of traumatic injuries to the teeth	Andreasen JO & Andreasen FM
Health and Safety at Work Advice Sheet	HMSO
Holistic Oral Care	Griffiths & Boyle
Hospitals Dental Surgeon Guide	C Scully
Human Physiology	Schmidt & Thews
Impacted Teeth	Aling & Melfrick
Lecture Notes on Human Physiology, 3rd Ed.	Bray et al
Manual of Paedodontics	Churchill Livingstone
MCQ's in Dentistry	Cawson & Scully
Medical Physiology, Textbook of	Guyton
Medical Problems in Dentistry (3rd Edition)	Scully & Cawson
Operative Dentistry	J C Glyn Jones
Oral Diseases in Children and Adolescence	Scully & Welbury
Oral Anatomy	Berkowitz, Holland & Moxham
Oral Implantology	Schroeder et al
Orthodontic Diagnosis and Treatment	Houston, Stephens &Tully

Overdentures in General practice	Basker, Morrison & Ralph
Paediatric Dentistry	Cameron&Widmes
Pathology of Periodontal Disease (Oxford Medical Publications)	Williams et al
Positive Dental Prevention	R Elderton
Resuscitation Handbook	Peter J F Baskett
Scientific Foundations of Dentistry	Cohen&Kramer
Sedation – A guide to Patient Management	S F Malamed
Slide Interpretation in Oral Diseases	Scully & Shepherd
Textbook of Clinical Periodontology	Linde
The Dental Practice Health and Safety Vade Mecum	Sheffield Dental Consortium

PERSONAL NOTES