

Another Pair of Hands

Lecturers:

Ian Holloway – GDP and VDP Advisor
Jan Trott – Dental Nurse

Date and venue:

Friday 5 August 2011
Truro Dental Education Facility, Treliske

Course Organiser:

Carrie Bradburn, Postgraduate Tutor

PROGRAMME

09.30	Registration & Tea/Coffee
10.00	Introduction Examination of working posture and how to maintain good posture while working in different areas of the mouth.
11.00	Tea/Coffee
11.30	Demonstrations and exercises using temporary dental chairs. Soft tissue control, water spray control and use of mirror to improve access and vision in all areas of the mouth for dentist and nurse.
13.00	Lunch
14.00	Instrument exchange. 4-handed techniques applied to preparation and restoration of an amalgam cavity. Demonstrations and exercises on phantom head units.
15.00	Tea/Coffee
15.30	4-handed dentistry applied to endodontics and other techniques.
16.30	Round up and questions.
17.00	Course ends

Aim: To show dentists and their nurses how to work together effectively and improve their efficiency, time-keeping, health, posture and enjoyment of dentistry

Objectives: By the end of the course participants will understand the importance of:
posture and seat positioning
soft tissue control
instrument exchange
procedure planning

TARGET AUDIENCE – Dentist + Nurse Teams (dentists MUST bring their nurse)