

THE PRINCIPLE OF 'SMALL-BITES' ABDOMINAL WALL CLOSURE - A GYNAECOLOGICAL PERSPECTIVE

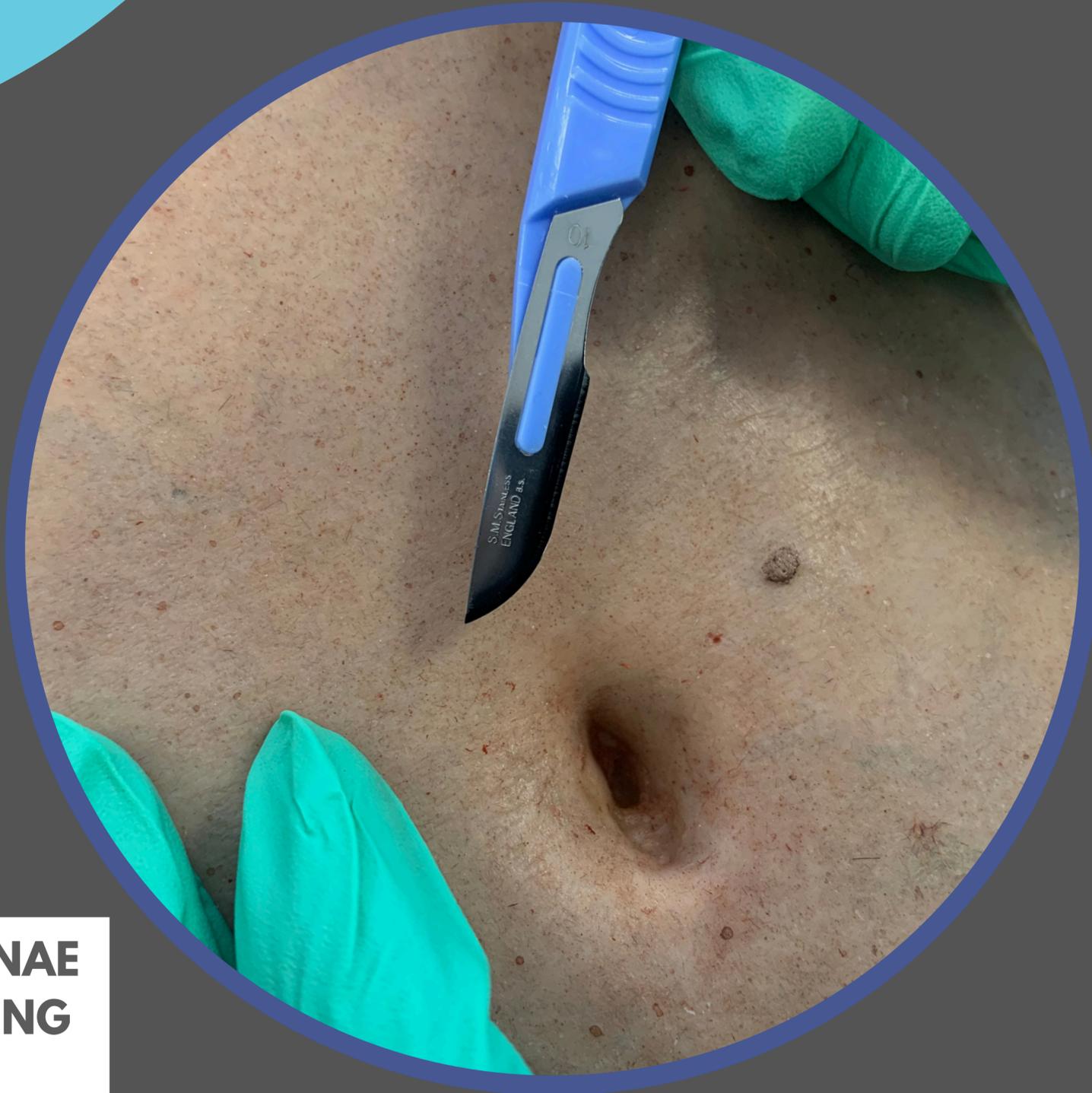
6 CPD
Points

14th May
2026

0900 – 1600

Lunch and
refreshments
provided

OPEN TO OBS & GYNAE
DOCTORS IN TRAINING
ST5 - 7



Please book a place via Maxcourse
For any queries contact: yhs-tr.mecyork@nhs.net

Location:

MEC, 5th Floor
York Hospital
Wigginton Road
YORK YO31 8HE

Accredited by:



THE ROYAL
COLLEGE OF
SURGEONS
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NHS

York and Scarborough
Teaching Hospitals
NHS Foundation Trust

Course Agenda

A combination of theory and practical teaching

The course will cover:

- Anatomy of the abdominal wall and the importance of Linea alba
- Approaches to the abdomen and traditional closure gynae perspective
- Incisional hernia scale of the problem
- 'Small bites' evidence
- 'Small bites' technique
- Pfannensteil Hernia; Scale of the Problem & Prevention
- Hands-on session to practice the 'small bites' technique



Synthetic
Abdomen
Models

Presented by

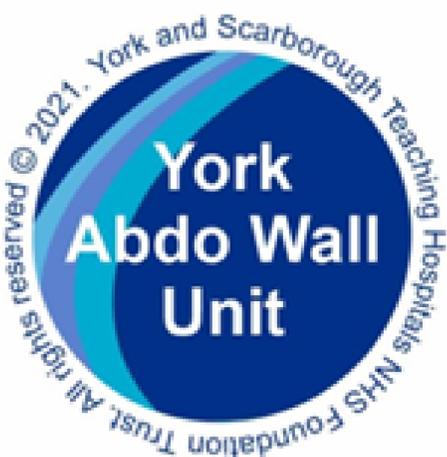
General Surgeons

Mr S Chintapatla
Mr K Elsayeh
Mr A Zanellato
Miss S Green

Consultant Gynaecologist

Mr J Tibbott

In Partnership with:



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