

# THE PRINCIPAL OF 'SMALL-BITES' ABDOMINAL WALL CLOSURE - A GYNAECOLOGICAL PERSPECTIVE

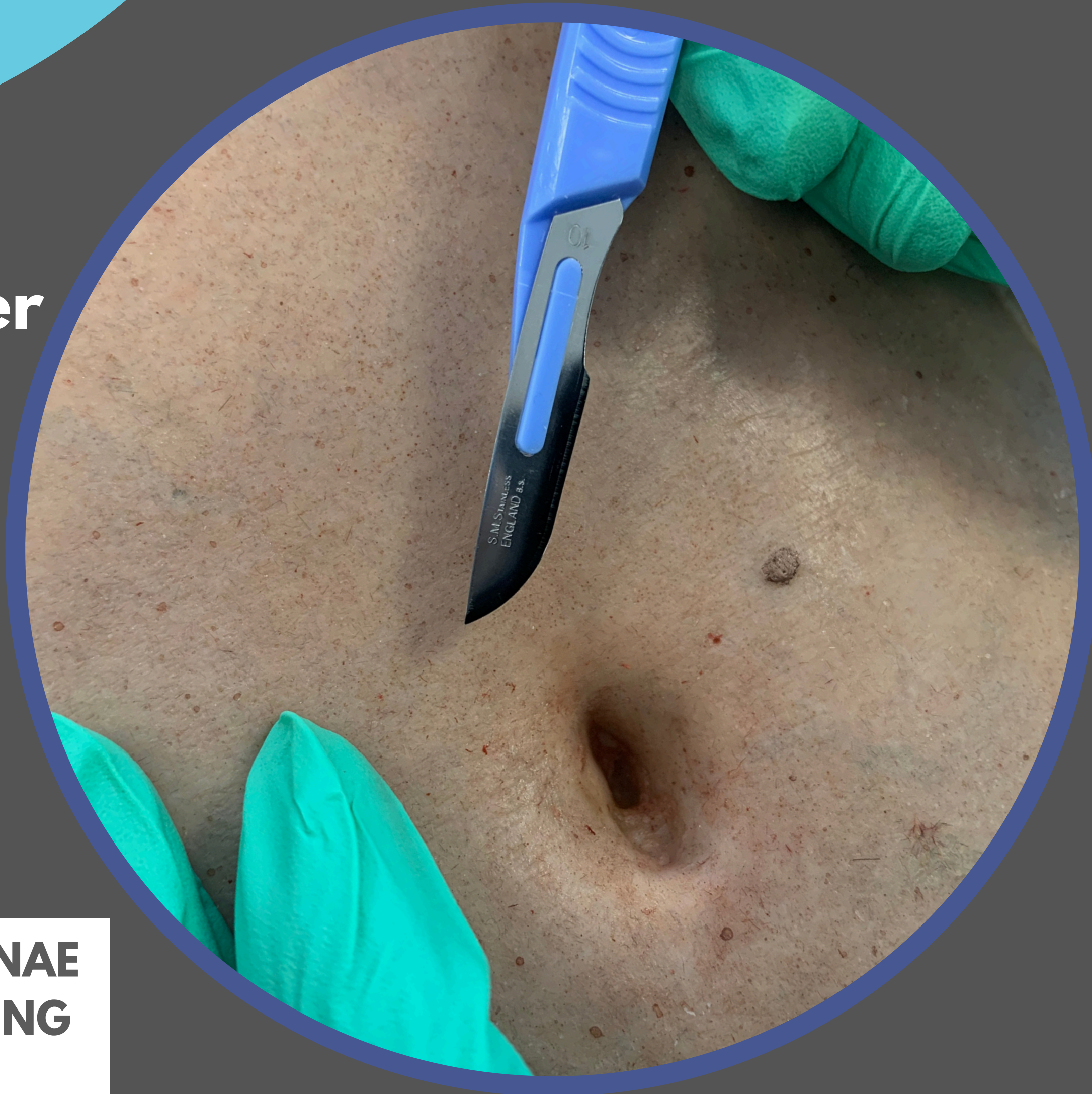
3 CPD  
Points

4th November  
2025

0900 – 1600

Lunch and  
refreshments  
provided

OPEN TO OBS & GYNAE  
DOCTORS IN TRAINING  
ST5 - 7



Please book a place via Maxcourse  
For any queries contact: [yhs-tr.mecyork@nhs.net](mailto:yhs-tr.mecyork@nhs.net)

Location:

@ MEC, 5th Floor  
York Hospital  
Wigginton Road  
YORK YO31 8HE

Accredited by:



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York and Scarborough  
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# Course Agenda

A combination of theory and practical teaching

The course will cover:

- Anatomy of the abdominal wall and the importance of Linea alba
- Approaches to the abdomen and traditional closure gynae perspective
- Incisional hernia scale of the problem
- 'Small bites' evidence
- 'Small bites' technique
- Pfannensteil Hernia; Scale of the Problem & Prevention
- Hands-on session to practice the 'small bites' technique



Synthetic  
Abdomen  
Models

## Presented by

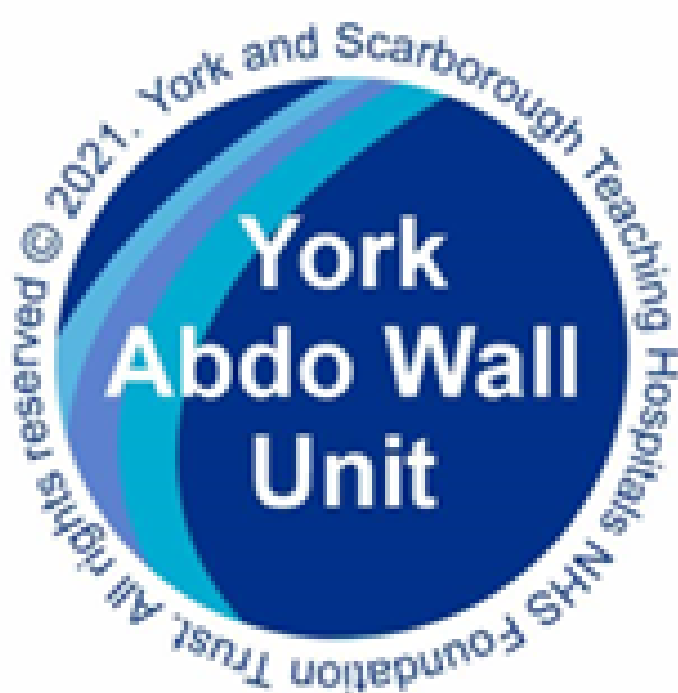
### General Surgeons

Mr K Elsayeh  
Mr S Chintapatla  
Ar A Zanellato  
Miss S Green

### Consultant Gynaecologist

Mr J Tibbott

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