

8th Yorkshire Cadaveric Regional Anaesthesia Course (22nd November 2024)

0745-0800 AM – Registration

0800 AM-0830 AM – Lecture - Introduction of Plan A Blocks, Sono-anatomy, Top tips for successful blocks

0830 AM-1030 AM – Scanning on live model

Station A – Above clavicle – Interscalene, Supraclavicular

Station B- Below clavicle – Infraclavicular, Axillary and peripheral nerve block of upper arm

Station C – Chest and Abdominal wall blocks – PECS, Serratus plane, Rectus sheath, TAP block

Station D - Erector spinae block, Paravertebral blocks

Station E - Above knee – Fascia iliaca, fascia Lata, Femoral, Adductor canal

Station F - Below knee – Popliteal, Ankle blocks

1030 AM-1045 AM – coffee break

1045 PM-1245 PM – Exploring anatomy on Cadaveric pro-section

Station A – Above clavicle – interscalene, supraclavicular

Station B- Below clavicle – Infraclavicular, Axillary and peripheral nerves of upper arm

Station C - Abdominal wall blocks – Rectus sheath, TAP block

Station D - Erector spinae block, Paravertebral blocks

Station E - Above knee – Fascia iliaca, fascia Lata, Femoral, Adductor canal

Station F - Below knee – Popliteal, Ankle blocks

1245 PM-1330 PM – Lunch break

1330 PM – 1700 PM – Scanning and Needling on cadavers.

1330-1400 PM – Above clavicle – scanning and needling for interscalene and supraclavicular blocks.

1400-1430 PM – Below clavicle – infraclavicular, axillary, and peripheral block of upper limb.

1430-1500 PM – Abdominal wall blocks – Rectus Sheath block, TAP blocks

1500-1530 PM – coffee break

1530-1600 PM - Erector spinae, paravertebral block

1600-1630 PM – Above knee blocks – Fascia iliaca, fascia Lata, Femoral, Adductor canal

1630-1700 PM - Below knee – Popliteal, ankle block

1700 – 1730 PM – Feedback and closure

Course directors – Dr. Veena Daga (Consultant Anaesthetist)

Dr. Mohit Arora (Consultant Emergency Medicine)