

## **9th Yorkshire Cadaveric Regional Anaesthesia Course**

**Friday 7th November 2025**

*Anatomy Department, Level 8 & 9,  
Worsley Building, University of Leeds, LS2 9JT*

**08:00–08:15 - Registration**

**08:15–08:35 - Know your Anatomy in 3D view**

**08:35–08:45 - Plan of the day (VD/MA)**

**08:45–10:15 - Live Demo - 6 stations (15 minutes on each station)**

**10:15–10:30 - Tea and Coffee break**

**10:30–10:45 - Move to cadaver lab.**

**10:45–12:15 - Anatomy on pro-section - 6 stations (15 minutes on each station)**

**12:15–13:00 - Lunch break**

**12:45–13:00 - Move to cadaver lab and go through house rules for cadaver**

**13:15–13:45 - Interscalene block on cadaver**

**13:45–14:15 - Axillary block on cadavers**

**14:15–14:45 - Femoral block on cadavers**

**14:45–15:15 - Adductor canal block on cadavers**

**15:15–15:30 - Tea and Coffee break**

**15:30–16:00 - ESP block on cadavers**

**16:00–16:30 - Popliteal block on cadavers**

**16:30–17:00 - Rectus sheath block on cadavers**

**17:00–17:30 - Top tips for successful block and quiz time (MA/VD)**

**17:30 - Feedback and close**