

Living Well and Working Together: Building Resilience

NHS
England

Tuesday 18th November 2025
18:30 to 20:00
Registration from 18.15

This webinar will provide an overview of how to develop resilience and an ability to cope with stress. It will provide techniques and resources to help develop personal resilience.

Speaker:

Kiaran Weil BDS, MPhil

Tutor of personality, communication, assertiveness & resilience skills to FDs/GDPs/DCPs.

For further information and to book a place on this and other courses please visit www.maxcourse.co.uk/henw



1.5 hours ecpd
This webinar is fully subsidised.
If you book a place and fail to
attend you will be charged the full
cost of £30