MENTAL HEALTH & WELLBEING CHAMPION TRAINING



NHSE are offering the opportunity for senior members of the dental team, to be identified and trained as a mental health & wellbeing champion.



This three-part virtual training gives you practical skills to support others in maintaining their health and mental wellbeing.

Led by local trainers, with ongoing support and resources, it's a great opportunity to enhance care for your team and patients. You will explore different approachs and learn how to integrate them into your dental practice.

Session 1

Monday 20th October 2025 6pm - 8pm

Session 2

Monday 27th October 2025 6pm - 8pm

Session 3

Monday 3rd November 2025 6pm -8pm

6 hours ECPD