

Travel information

Parking:

You are advised to park in Stamford Quarter Car park, postcode for Sat Nav is **WA14 1RH**.

Please click on the link [here](#) for full details of parking costs etc.

This car park is a 3-minute walk away from our new centre.

When leaving your car in the car park follow the sign 'To the shops'

This will bring you out at (George Street) Costa Coffee to your left and Boots to your right.

Turn right and carry on walking down this road (past Boots, H&M, River Island, Barclays, Greggs, Marks & Spencer and Card Factory).

At the Card Factory turn right on to Shaw Road, you will walk past the side of the Marks & Spencer then Blancflowers, Scissors Edge, Sugo and So Marrakech coffee shop on your right and pass Altrincham Market on your left.

Turn left when you reach the top of this short road onto Market Street walk down this street., Altrincham Market will be to you left, you will then pass the library and you will see 'Altrincham Health and Wellbeing Centre'.

Venue:

Enter the building, you do not have to sign in or inform anyone on the ground floor.

Straight ahead of you are the lifts.

Take the lift to the 3rd Floor.

Exit the lift and turn right, the main doors to our centre are there.

Please see the Visit Altrincham website page below for details of trains and trams, driving and parking options.

<https://visitaltrincham.com/visitor-info/travel-information/#quietways>