

# Menopause Awareness

This HEE fully subsidised webinar, will deepen the understanding around menopause and how we can support others through their menopause journey, as well as signposting to additional support.

The session will also provide:

- Help to understand what the menopause is.
- Increase awareness of menopause in the workplace, and how to make reasonable adjustments.
- Identify ways to support colleagues, family and friends.

\*Please note this course is fully subsidised by Health Education England, if you fail to attend this session without giving notice you will be charged a cancellation fee of £30.



**Wednesday 10th May 2023**



**18.30- 20:00**



**MS Teams Webinar**

Registration from 18:15

**Speaker - Louise Harlandson**  
**Public Health Practitioner**  
**Gateshead Public Health Programme Lead**

**For more information or to book your place please visit [www.maxcourse.co.uk/henw](http://www.maxcourse.co.uk/henw)**