

Sessions

Mike Gow- Fast and effective 'hacks' for anxious dental patients

Aims: To introduce delegates to simple, effective dental anxiety management techniques.

Objectives:

- Discuss how to utilise relaxation and breathing techniques.
- Discuss how to effectively utilise distraction and anchoring techniques.
- Understand how to use rapport, language and communication effectively.
- Be aware of technology and equipment that can be used in dental anxiety management.

Outcomes: Delegates will be able to effectively employ a range of fast and effective dental anxiety management techniques in their clinical settings.

Ahmed Bhaiyat- Dental Anxiety Management Service (NDAMS) provided at Blackpool Teaching Hospitals NHS Foundation Trust

Aims: To discuss NSAMS (What service to we provide? Why? Where? How?)

Objectives: Examine the advantages and disadvantages of Nurse Led Dental Anxiety Management Service and how it fits into the wider anxiety management process.

Outcomes:

Delegates will understand:

- What NDAMS is
- The Benefits of NDAMS
- The Limitations of NDAMS

Aengus Kelly - The Rule of Three – team approaches to learning, developing and practising effective communication in dentistry

Aims: To provide an overview of the challenges of learning and improving communication skills for dental anxiety scenarios and an introduction to the triadic communication model.

Objectives:

- Review strategies and approaches for interacting with dentally anxious patients
- Be aware of the challenges of developing the communication skills of the whole dental team
- Consider different models of clinical communication, including the triadic approach

Outcomes:

Delegates will be able to:

- Apply the concepts covered to evaluate the strategic team communication performance in their own work environment
- Assess how best to support team members to develop communication skills
- Adopt a strategic triadic approach to team communication for dentally anxious patients

Dan Sisson - Contemporary Dental Anxiety Management in Paediatric Patients

Aims: To understand novel behaviour management techniques

Objectives: Discussion of

- Self CBT
- AV distraction
- "little journey" use of VR in UCL and other upcoming techniques

Outcomes:

Delegates will be able to:

1. Understand the indications, limitations and patient counselling for:
 - AV distraction
 - Self-CBT
2. Understand how to integrate these techniques with existing sedation and Non-pharmacological behaviour management

Sarah Procter - Update on new referral management system for SCD and Paediatric Dentistry

Aims: To describe the new on-line referral pathways for special care and paediatric dentistry

Objectives:

- To present the format for the referral forms
- To identify the pathway for patients referred for reasons of anxiety or phobia

Outcomes: Delegates will understand how the new pathways will operate

Laura Kaura - IV Sedation assessment for the dental phobic

Aims: To give an overview of the importance of assessment, how to assess patient factors and how to assess non - patient factors

Objectives:

- Understand what patient factors influence sedation type and suitability for sedation
- Understand the influence of dental treatment on suitability for sedation
- The importance of staff and equipment in ability to deliver safe, effective sedation
- Become aware of assessment tools available
- Be aware of current guidelines

Outcomes: To be able to assess patient and non- patient factors in order to decide suitability for dental sedation, understand what is achievable with sedation and be able to deliver safe, effective sedation.

Angela Adkins - DCTs- General anaesthetic and dental phobia with case reports

Aims: To give a general overview of:

- GA service provision
- Criteria for provision GA
- Patient selection

Objectives:

- Understand GA last option for provision care
- Understand the selection criteria for patients which require treatment under GA

Outcomes:

Delegates will be able to:

- justify referral for GA
- select appropriate patient for treatment