

Indicator of Sedation Need (IOSN)

ANXIETY QUESTIONNAIRE TO BE COMPLETED BY THE PATIENT

Can you tell us how anxious you get, if at all, with your dental visit?

Please indicate by putting a 'X' in the appropriate box

1. If you went to your Dentist for TREATMENT TOMORROW, how would you feel?

Not Anxious ☐ *Slightly Anxious* ☐ *Fairly Anxious* ☐ *Very Anxious* ☐ *Extremely Anxious* ☐

2. If you were sitting in the WAITING ROOM (waiting for treatment), how would you feel?

Not Anxious ☐ *Slightly Anxious* ☐ *Fairly Anxious* ☐ *Very Anxious* ☐ *Extremely Anxious* ☐

3. If you were about to have a TOOTH DRILLED, how would you feel?

Not Anxious ☐ *Slightly Anxious* ☐ *Fairly Anxious* ☐ *Very Anxious* ☐ *Extremely Anxious* ☐

4. If you were about to have your TEETH SCALED AND POLISHED, how would you feel?

Not Anxious ☐ *Slightly Anxious* ☐ *Fairly Anxious* ☐ *Very Anxious* ☐ *Extremely Anxious* ☐

5. If you were about to have a LOCAL ANAESTHETIC INJECTION in your gum, above an upper back tooth, how would you feel?

Not Anxious ☐ *Slightly Anxious* ☐ *Fairly Anxious* ☐ *Very Anxious* ☐ *Extremely Anxious* ☐

Humphris GM, Morrison T and Lindsay SJE. The Modified Dental Anxiety Scale: Validation and United Kingdom Norms. *Community Dental Health* 1995; 12:143-150.

Dentist to score Anxiety Questionnaire

Each of the five answers is scored as follows:

Not anxious = 1
Slightly anxious = 2
Fairly anxious = 3
Very anxious = 4
Extremely anxious = 5

So the total Questionnaire Score is
a sum of all five items (range 5 to 25)

MATRIX TO BE COMPLETED BY THE DENTIST

Please circle one

MDAS	5-9	(minimal anxiety)	1
MDAS	10-12	(moderate anxiety)	2
MDAS	13-17	(high anxiety)	3
MDAS	18-25	(very high anxiety)	4

Please circle one

No medical or behavioural indicators	1
<p><i>Systemic disorders (not of severity to exclude sedation) that may be exacerbated by treatment</i></p> <p>Fainting attacks/ hypertension/ angina/ asthma/ epilepsy/ other <i>(please state)</i></p> <p><i>Systemic disorders that compromise ability to cooperate</i></p> <p>Arthritis/parkinsonism/ multiple sclerosis/ other (please state)</p> <p><i>As a rule of thumb ASA II would generally be 2 or 3 and an ASA III would result in a grade of 4</i></p> <p>Gag reflex</p>	2, 3, or 4

These indicators are not designed to replace your usual full medical history

Please circle one

<i>This guidance is not exhaustive - if in doubt about score then please score higher value</i>	
ROUTINE - Scale, single rooted extraction of 1 or 2 teeth, small soft tissue biopsy, single quadrant restorations, crown preparations or anterior endodontic treatment	1
INTERMEDIATE - Scale and root planning, multi-rooted tooth extraction, surgical extraction without bone removal, apicectomy anterior tooth, 2 quadrant restorative, posterior endodontic treatment	2
COMPLEX - Periodontal surgery, surgical extraction with bone removal, apicectomy posterior tooth, multiple quadrant restorative, multiple posterior endodontics	3
HIGH COMPLEXITY - Any treatment considered more complex than above or are multiples of the above	4

Total Rank Score	Source Descriptor	Sedation Need
3-4	Minimal need	No
5-6	Moderate	No
7-9	High need	Yes
10-12	Very high need	Yes