



Oliver McGowan Mandatory Training on Learning Disability and Autism Joining instructions for Tier 2 Course

Introduction

As you are aware, the Oliver McGowan Mandatory Training on Learning Disability and Autism Tier 2 training is mandatory for health and social care staff with responsibility for providing direct treatment, care, or support, and other professionals working in health and care settings with a high degree of autonomy. This includes health care professionals who have an active registration, even if their day today role is not operational.

Key details: It is essential that you have completed the e-learning module prior to attending the tier 2 training

Location: The John Lister Postgraduate Centre, Wexham Park Hospital, Slough, Berkshire, SL2 4HL
<https://www.fhft.nhs.uk/your-hospitals/wexham-park/>

Google Maps - <https://maps.app.goo.gl/9geNrosaQma3c1mR6>

Times: 09:30 to 16:30 (arriving past 09:45 will result in being asked to leave and attend another course)

Dress code: Smart casual. Please do not attend the training in uniform.

Tea, coffee and lunch are not provided but can be brought with you or purchased in the main hospital building.

Traffic around the Slough area can be very heavy- please allow enough time for your journey.

Parking

The John Lister Postgraduate centre is a single storey, brown brick building across a service road from Car Park C. Access this by using Entrance 4 (off Wexham Park Lane), Wexham Park Hospital, Slough, SL2 4HL

This entrance is signed as 'Maternity and Paediatrics'. Drive straight ahead to Car Park C. The Postgraduate Centre is on the right as you drive in. NB: if using Sat Nav – use the postcode SL3 6LZ – this would bring you to Opel Court, just inside Entrance 4 of the hospital (off Wexham Park Lane). However, do not turn into Opal Court, but proceed straight to Car Park C.



If arriving by train, take a taxi or local bus from Slough Station, allow at least 30 minutes transfer time. Buses arrive to the main entrance 1, so walk through the building, and as you exit, the Postgraduate Centre is to your left.

A 'pay on foot' system operates for parking so you'll need to remember to take your parking ticket with you and pay before returning to your vehicle. Pay machines are located:

- Outside the main entrance
- Outside and adjacent to the emergency department
- Inside the maternity entrance

Payment can be made by card or cash in the main hospital building. Over 5 hours - £9.50

For more information visit: <https://www.fhft.nhs.uk/locations/wexham-park-hospital/parking-wexham-park-hospital>



What does the course consist of?

This 1-day tier 2 course is delivered by Unique Training Solutions and is commissioned by Buckinghamshire, Oxfordshire and Berkshire West and Frimley Integrated Care Boards. The day consists of a half-day session on learning disabilities and a half day session on autism. This training is delivered by an approved Oliver McGowan trainer and co-delivered with an expert with lived experience of learning disabilities and an expert with lived experience of autism. Attendance at this session requires full interaction from learners so that everyone can leave this course with ideas of how to implement and action any knowledge gained. This will support the Oliver McGowan campaign to ensure that every person with a learning disability, and every autistic person, has the right to excellent care and service, wherever they choose to access it.

Timeline for the day:

09:15	Please arrive early for a prompt 09:30 start. Late arrivals may be asked to leave.
09:30 – 12:30 Break approx. 11:00 - 11:15	Delivered by the facilitator and co-trainer with a learning disability: <ul style="list-style-type: none"> • Acknowledge and understand our unconscious biases to avoid diagnostic overshadowing • Learning from the Lives and Deaths review (LeDeR), including co-morbidities and STOMP, the campaign to stop the overmedication of people with a learning disability. • Understand what reasonable adjustments are and how to make them • How, and when, to use and apply the Mental Capacity Act 2005 • When to use and how to apply DNACPR • Improving communication • The importance of the role of hospital passports and annual health checks • Self-reflection – What can you do differently?
12:30-13:00	Lunch break
13:00-16:30 Break approx. 15:00 - 15:15	Delivered by the facilitator and autistic co-trainer: <ul style="list-style-type: none"> • Why autism is described as an invisible condition • Reflecting on own values and beliefs • Recognising potential triggers for anxiety • Identifying reasonable adjustments and ways to adapt your practice • Legislation and resources for inclusive, enabling services • Implementing actions from lessons learnt from Oliver • Self-reflection – What can you do differently?

Contact

Any issues on the day of the training please contact the postgraduate centre on 0300 6156009

Any questions or request for reasonable adjustments in advance please contact

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