



# Speaker Development Through Core Topics

## Rationale

In 2023 the General Dental Council (GDC) conducted an evaluation of the Enhanced Continuing Professional Development (CPD) Scheme. It was led by Cardiff University and the GDC policy team.

Findings highlighted dental nurses had the lowest rate of compliance for meeting CPD regulations at 93.1%. The report found that 29% of DCPs have difficulty creating a meaningful Personal Development Plan (PDP) and 31% have trouble maintaining it. 49% of professionals identified they would benefit from guidance on the best use of a PDP. The majority of DCPs surveyed said they prefer in-person training courses.

This Core Topic course delivers some of the GDC 'highly recommended' education, starting with how to develop a meaningful PDP, encouraging deeper personal reflection, and provides opportunities for peer learning.

The research publication can be found here: [https://www.gdc-uk.org/docs/default-source/research/gdc-enhanced-cpd-final-report-june-23.pdf?sfvrsn=a6624742\\_5](https://www.gdc-uk.org/docs/default-source/research/gdc-enhanced-cpd-final-report-june-23.pdf?sfvrsn=a6624742_5)

Finding appropriate Dental Care Professional (DCP) speakers to provide education for the workforce is challenging and when asked, colleagues stated that access to opportunities to experience public speaking and practice educational delivery are not available. The aim of developing speakers is effective succession planning, to ensure availability of educators as colleagues move into other fields of practice or retire.

The DCP team at NHS England, Yorkshire and the Humber, have developed a structured course to facilitate a taster to a teaching and educational role. Colleagues can engage in education delivery and receive mentored support moving to the next step in their career. Two experienced higher education tutors will work with individuals to develop lesson plans and course materials and be on hand during micro-teach delivery to a group of delegates.

The perceived benefit is that NHS England should then be able to commission locally 'grown' educators who are confident and competent and who are passionate about continuing to support and guide the development of others following similar pathways.

## Course Information

Welcome to a **Bitesize** selection of GDC recommended core topics that DCPs need to cover when working in a clinical 'field of practice'. The course starts by addressing the eCPD rules and encourages development of a robust PDP. Following this, each educational theme is approximately 1 hour long and encourages peer interaction and reflection to inform lifelong learning. Interactive knowledge checks are conducted throughout the day to evidence learning. All 4 GDC Development Outcomes are met during the course.



This course can also be used to encourage dental nurses to develop in an educator role. The model has been developed by Y&H NHSE Workforce Training & Education DCP team to provide opportunities to access taster sessions in delivering education.



**Stage 1** At stage 1 the dental nurse should refer to the 'Educator Pathway' document and consider completing a SWOT analysis to understand **who** they are, **what** they want and **why** they want to become an educator.

Dental Educator

Development Pathways for Dental Care Professionals

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**Stage 2** At stage 2 dental nurses can contact the tutors to find out more about the supported delivery of a micro teaching presentation. A pre course meeting will discuss lesson planning, writing aims, objectives and learning outcomes, group management, confirming learning, evaluation, and reflection.

**Stage 3** Novice educators can now deliver a 15-minute micro teach session during one of the topic sections on the Core Topic course with the benefit of having a mentor to hand at every step.

**Step 4** Novice educators receive feedback from the experienced tutors /mentors and from the peer group using structured forms. This enables them to consider areas for their own development and to seek further advice should they need it.

**Step 5** After a period of time and practice, the novice educator can be commissioned by NHSE and begin the support and development of others wishing to explore an educator role in dentistry.

## Course Description

This full day course **aims** to provide DCPs with knowledge and understanding of current guidance and legislation requirements for several lifelong learning topics which should satisfy individual PDPs for those undertaking a clinical role in dentistry.

It is suggested the day begins with **Personal Development Planning (PDP) and Reflection**, the outcomes of which will be to enhance current plans and identify areas for further self-development. This session duration is 30-40 minutes and is a tutor led activity.

Main subjects delivered on the day are: radiography and radiation protection, infection control, health & safety, oral health disease prevention. Novice educators may want to select from the following list associated with each subject theme.

1. Radiography and radiation protection
  - 1.1 Legislation
  - 1.2 Principles of radiation
  - 1.3 Fault finding and Quality Assurance
2. Infection Control
  - 2.1 Legionella
  - 2.2 DUWL
  - 2.3 Transmission of infection
  - 2.4 Hand hygiene
  - 2.5 Decontamination (HTM 01 05)
3. Health & Safety
  - 3.1 Fire
  - 3.2 Mental Wellbeing
  - 3.3 Wellbeing



- 3.4 Risk Assessment
- 3.5 First Aid/Medical emergency Drugs (Resuscitation Council)

- 4. Oral health disease prevention
  - 4.1 Lifestyle
  - 4.2 Diet/healthy eating
  - 4.3 Alcohol awareness
  - 4.4 Smoking/Vaping/Smokeless Products
  - 4.5 Smoking Cessation
  - 4.6 Oral lesions
  - 4.7 Oral Cancer Risk Factors
  - 4.8 Effective plaque removal techniques
  - 4.9 Fluoride
  - 4.10 Diabetes Awareness
  - 4.11 Hypertension/Cardiovascular Disease
  - 4.12 System Health Vs Oral Health

For delegates attending:

**Aims:**

This full day course **aims** to provide DCPs with knowledge and understanding of current guidance and legislation requirements for several lifelong learning topics.

**Objectives:** The course will provide opportunities to  
Create personal development plans which support lifelong learning  
Discuss aspects of radiation protection  
Explain the prevention of disease and the importance of adhering to guidance and legislation  
Describe elements of health and safety which ensure a safe working environment  
Identify oral disease risk factors and demonstrate preventative advice

**Learning Outcomes:** At the end of the course, delegates will have constructed a practical PDP and be able to apply new learning to practice.

## Further

Delivered through a face-to-face format, with 6 hours eCPD awarded to delegates.  
NHSE Educators are Julia Armstrong and Geraldine Birks.

## Contacts

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