

Workshop 1 - What is Leadership and Management?

An exploration of successful leadership qualities and behaviours with an introduction to different leadership styles and frameworks.

- Show an awareness of your leadership responsibilities as a clinician and understand why effective clinical leadership is central to safe and effective care
- Demonstrate appropriate leadership behaviours and an ability to adapt these to improve engagement and outcomes

Workshop 2 - Self Awareness and Leadership Coaching

An opportunity to practice coaching skills and review your personal Strengthscope assessment and develop a personalised leadership PDP.

- Appreciate your leadership style and its impact on others
- Review your own personal Strengthscope profile, understand what energises and what drains you
- Develop a personal leadership PDP

Workshop 3 - Leadership theory and Team working

Review leadership theory in more depth and improve your ability to improve team working and collaboration.

- Demonstrate an understanding of a range of leadership principles, approaches and techniques and be able to apply them in practice
- Demonstrate an understanding of why leadership and team working are important in their role as a clinician
- Understand why the NHS promotes, inclusive, kind and compassionate leadership)
- Actively participate and contribute to the work and success of a team (show an awareness of appropriate followership)
- Promote and effectively participate in multidisciplinary and inter-professional team working

Workshop 4 - Interpersonal Effectiveness

Improve your ability to manage challenging discussions, deliver difficult feedback and negotiate effectively.

- Appreciate roles of all team members of the multidisciplinary team
- Promote a just, open and transparent culture
- Think critically about decision making, reflecting on decision making processes and explain those decisions to others in an honest and transparent way
- Promote a culture of learning and academic and professional critical enquiry
- Supervising, challenging, influencing appraising and mentoring colleagues and peers to enhance performance and support development
- Critically appraise the performance of colleagues, peers and systems and understand when to escalate concerns

Online Modules

Following the first workshop you will be provided with rights to our online platform to access:

- A number of short interactive eLearning modules
- Useful additional resources and articles
- Exercises including a personal self assessment tools and a funded Strengthscope profile